# BRAIN & BEHAVIOR RESEARCH FOUNDATION

**2018 Annual Report** 

Awarding research grants to develop improved treatments, cures, and methods of prevention for mental illness.



Awarding NARSAD Grants

# More than 30 Years of Research for Recovery

#### **MISSION**

The Brain & Behavior Research Foundation is committed to alleviating the suffering caused by mental illness by awarding grants that will lead to advances and breakthroughs in scientific research.

We fund leading-edge research for mental health that:

- Patients require to recover
- Parents desire for their children
- Psychiatrists need to provide better care
- Pioneering Scientists depend upon to make new discoveries
- Philanthropists can point to with pride

Our goal: new treatments, cures, and methods of prevention.

#### **VISION**

To dramatically improve the lives of those living with mental illness, ultimately enabling them to live full, happy, and productive lives.

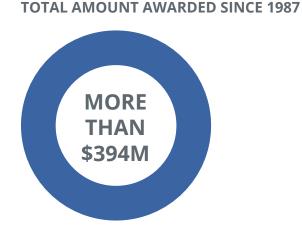
100% of all donor contributions for research are invested in BBRF grants that lead to discoveries in understanding the causes and improving treatments for brain and behavior disorders in children and adults including addiction, ADHD, anxiety, autism, bipolar disorder, borderline personality disorder, depression, eating disorders, OCD, PTSD, schizophrenia and suicide prevention.

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Our Global Footprint

100% of every dollar donated for research is invested in our research grants. Our operating expenses are covered by separate foundation grants.



**TOTAL NUMBER OF COUNTRIES** 

35

#### **TOTAL GRANTS AWARDED**

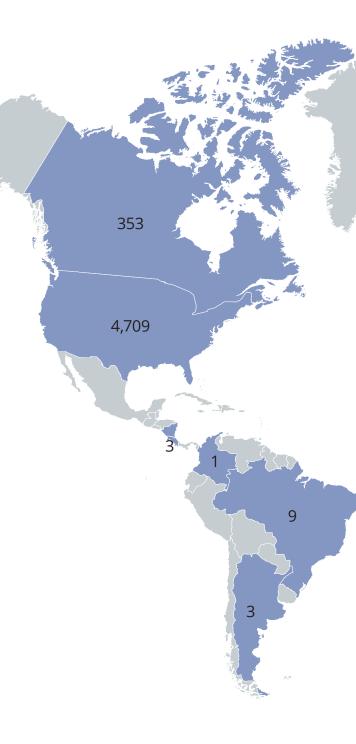
**5,700+** In total

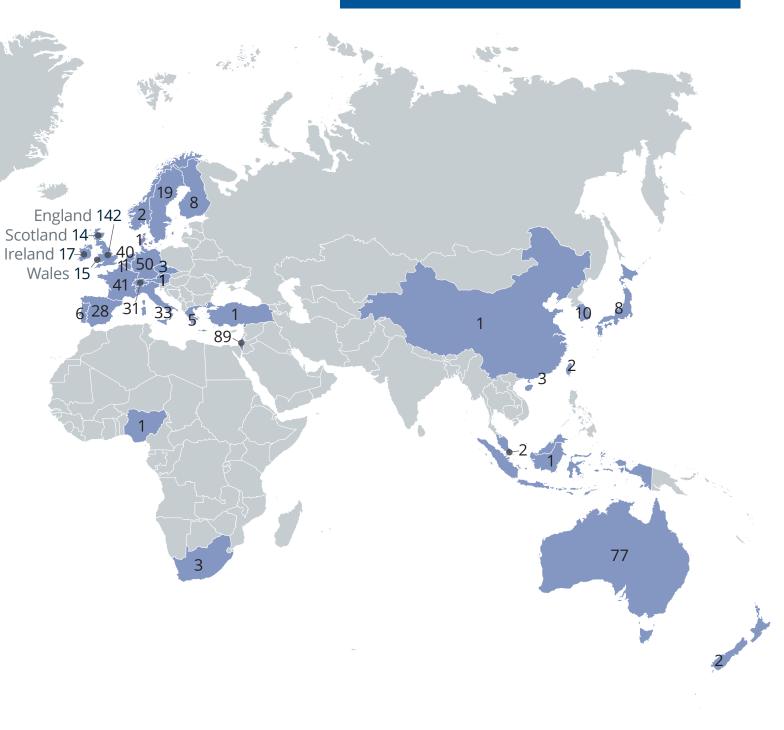
**4,700+** In the U.S.

**1,000+** Outside the U.S.

**4,482** Young Investigator Grants

**828** Independent Investigator Grants **426** Distinguished Investigator Grants





**2018 BBRF HIGHLIGHTS** 













69% increase in monthly webinar attendance

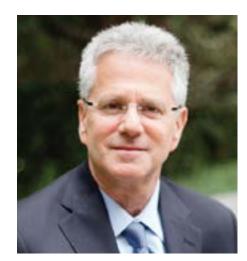


Outstanding Achievement Prizes Awarded



Klerman & Freedman Prizes Awarded

# Message from the President & CEO



**Jeffrey Borenstein, M.D.**President & CEO

The year 2018 was one of great advances in the field of brain and behavior research thanks to you, and the many others who generously support the Brain & Behavior Research Foundation.

This annual report highlights the remarkable research that has taken place because of BBRF grants in 2018. This past year, BBRF grantees have generated advances that are enabling more and more people to live full, happy, and productive lives.

Since 1987, BBRF has awarded more than \$394 million to more than 4,700 researchers around the world who are working hard to alleviate the suffering caused by mental illness.

As the world's leading private funder of mental health research grants, BBRF provides initial funding for high-risk, high-reward ideas that major research funders, including the NIMH, would not yet support. Our seed money allows a scientist to conduct innovative research which leads to a multiplier effect resulting in additional funding from other sources to continue their work.

I am proud to report that in 2018 alone, BBRF has funded more than \$17 million in research grants looking at addiction, ADHD, anxiety, autism, bipolar disorder, borderline personality disorder, depression, eating disorders, OCD, PTSD, and schizophrenia.

Funding the most promising and cutting-edge research is at the core of our mission. Supporting young scientists' careers and keeping them in the field of neuroscience is vital to finding cures for mental illness. In fact, our support for young scientists launches careers in brain science.

The path to the future of scientific research and discovery is a challenging and lengthy process, and BBRF remains committed to funding "innovative and out of the box" ideas because it is this cutting-edge research that will eventually result in new treatments and cures for brain and behavior disorders.

Many new discoveries in brain science would not, and could not, have occurred without early support from a BBRF grant.

Recently, the U.S. Food and Drug Administration approved two drugs that rapidly relieve the symptoms of severe depression. These are the first antidepressant medicines with novel mechanisms of action that have been approved in decades. BBRF grantees were among the pioneering researchers who laid the scientific foundations for both of these medications as well as the clinical trials that demonstrated their effectiveness. Esketamine, delivered via a nasal spray, is targeted for patients who have not been helped by two or more conventional antidepressant treatments. Brexanolone is the first medication specifically approved for postpartum depression.

Advances and discoveries that BBRF grantees, prizewinners, and Scientific Council members are actively researching and which we will likely hear a lot more about in the next 5–10 years include:

- Fast-acting antidepressants
- Cognitive remediation
- Stem cell technologies
- Diagnostic biomarkers/computer-guided diagnosis of mental illness
- Personalized treatments for brain and behavior disorders
- Very large samples to reveal undetected genetic factors
- Improved TMS and other non-invasive brain stimulation treatments
- Establishing the role of inflammation in mental illness
- Dietary supplements for prevention of mental illness
- Actionable information about how genes and environment interact

This research, as well as other scientific discoveries, will change how we help people who live with mental illness. Our model encourages new and innovative research from the bottom up, generated by scientists.

Examples include early support for optogenetics, deep brain stimulation for treatment-resistant depression, transcranial magnetic stimulation, and rapid-acting antidepressants. Each of these important breakthroughs received initial key support from grants provided by the BBRF.

The past, present, and future accomplishments of BBRF are inextricably bound with the passionate commitment and intense effort of our Scientific Council. Scientists on the BBRF Scientific Council offer their time, judgement and the wisdom of their experience in evaluating the research goals of the more than 800 scientists who submitted grant applications in 2018. A survey of our Scientific Council members revealed that approximately one-third of them received their initial early research support from BBRF as Young Investigators.

The vision of our 180-member Scientific Council could not be fulfilled without its leader, Dr. Herbert Pardes; the guidance of our Board of Directors, led by our Chairman, Steve Lieber; and funding from you, our donors. With momentum building in the field for new and exciting brain and behavior advancements, your support is even more urgent — and will be impactful today and in the future by helping to accelerate research and bring recovery for more people. 100% of your contribution for research directly supports research as our operating expenses are covered by separate foundation grants.

Our work is far from done, but looking back on last year, we did indeed move the needle forward on our path to research for recovery. I thank you for your contributions to the BBRF and welcome those of you who will join us on the dynamic path to the future.

Sincerely,

Jan Jan

Jeffrey Borenstein, M.D.

# Message from the President of the Scientific Council



**Herbert Pardes, M.D.**President, BBRF Scientific Council

According to the World Health Organization, four of the 10 most disabling diseases of societies worldwide are psychiatric.

"By 2020, the most significant illness in the world will be mental illness. The clues are all there, but they haven't been pulled together adequately."

-Stephen Lieber, Chairman of the BBRF Board

I couldn't agree more with Steve Lieber. BBRF's record of more than 30 years of support for psychiatric research is remarkable, and we are working hard to use the clues to solve the most intricate and complicated of illnesses — mental illness.

This at its very core is what BBRF strives to do — find the dynamic path forward.

BBRF continues its legacy of extremely productive grant-making that is changing brain research and psychiatry. Scientists who have received a BBRF grant have generated seminal ideas, launched discoveries that have changed the direction of research, and helped foster the development and testing of novel therapies offering new and better therapeutic options to patients.

With fiscal constraints making federal funding harder than ever to obtain for scientists — and particularly those early in their career; and with high-risk, early-stage project support having become almost non-existent within the world's largest pharmaceutical firms, BBRF grants have come to occupy an ever more important niche. Historically, our annual grant-making emphasis has been on identifying the most promising early-career scientists.

Repeatedly giving the rising generation of brain scientists a chance to take risks and demonstrate out-of-the-box ideas, we frequently have had the satisfaction of seeing ideas and projects advance in step-wise fashion, from intriguing concepts to pilot projects to major projects that secure major government funding. Remarkably, BBRF grant recipients have gone on to receive \$3.9 billion in additional research funding in next-stage NIMH and NIH grants. But the multiplier is also qualitative. Many times we have observed work on a concept advance on several fronts and in several distinct phases simultaneously, in the laboratories of researchers who have received BBRF grants in different years.

The net result is that investigations sparked by BBRF grants have substantially changed the way doctors and scientists look at the brain, at the changes in genes and cells that underlie mental illnesses, and in the way they treat those who are afflicted.

BBRF has a winning track record. Examples of it include:

#### Fast-acting antidepressants

Ketamine, esketamine and other agents with new mechanisms of action are gaining approval. Research by our grantees puts us in view of a new era in depression treatment in which the most severely affected patients will not have to wait months to experience a reduction in symptoms. Severe depression symptoms will be alleviated within hours — a lifesaver for the most seriously ill.

#### Stem cell technologies

Pioneered by our grantees, and now widely used, stem-cell methods are making it possible to reprogram patients' skin cells to re-develop as neurons and other brain-cell types. Grown in culture, these cells "wire-up" to become functioning brain organoids, living test-beds that enable researchers to observe how pathologies of specific patients emerge in the developing brain.

#### **Causation of Schizophrenia**

A grantee and Scientific Council member has conducted research corroborating his longstanding theory about schizophrenia, connecting causation with pregnancy complications that activate otherwise inactive "risk" genes. This research serves as an example of how environment can directly impact gene expression to cause pathology in mental illness.

The Scientific Council continues to grow, with experts broadening its scientific and clinical breadth. We can proudly say that we have 38 specialists in addiction, 23 specialists in ADHD, 47 specialists in anxiety, 34 specialists in autism, 48 specialists in bipolar disorder, 4 specialists in borderline personality disorder, 68 specialists in depression, 20 specialists in OCD, 23 specialists in PTSD, and 80 specialists in schizophrenia. This strengthens our capacity to review grant applications and identify the most creative proposals, which is essential in this tech-boom era marked by the increasing precision and sophistication of science.

BBRF has long served as a go-to resource for the support of psychiatric research. More than 30 years from its founding, scientists see BBRF, perhaps more than ever, as a dependable and in some cases indispensable source of funding for their work. BBRF and the Scientific Council are dedicated to the continuity that successful research requires. Let me thank all of you in the BBRF family for being so supportive. The continued outlook for discoveries is very encouraging and reflects the broad and remarkable dynamism of brain research.

I have never been more confident in the capabilities of the Scientific Council and our future prospects.

Sincerely,

Herbert Pardes, M.D.
President of the Scientific Council

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**President & CEO**Jeffrey Borenstein, M.D.

President, Scientific Council
Herbert Pardes M.D.

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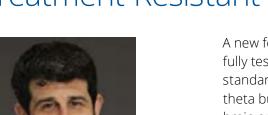
8 ANNUAL REPORT 2018

# 2018 Leading Research Achievements by Foundation Grantees

- 1 A Rapid Form of Brain Stimulation for Treatment-Resistant Depression
- 2 Largest-Ever Cortical Imaging Study of OCD Patients Offers Clues to Causes
- 3 Pregnancy Complications Provide Opportunity for Schizophrenia Risk Genes to Harm the Fetus
- 4 A Revealing Genetic Comparison of Schizophrenia and Bipolar Disorder
- Machine-learning Helped Identify Newly Diagnosed Schizophrenia and Predicted Treatment Response
- 6 Interactive Parent-Child Therapy Reduced Depression Symptoms in Very Young Children
- 7 Esketamine Reduced Suicidal Thoughts Within Hours of Treatment
- 8 Adult-Born Neurons Can Protect Against Chronic Stress
- 9 Rapid, Intensive Outpatient Treatment Reduced Vets' PTSD Symptoms Within Weeks
- 10 Researchers Train Computers to Identify a Biological Signature of Bipolar Disorder
- 11 Folic Acid-Fortified Foods During Pregnancy May Lower Child's Psychosis Risk After Birth
- 12 Computer-Delivered Cognitive Training Significantly Helped Schizophrenia Patients in Rehab Setting

**Next-Generation Treatments, New Technologies: Depression** 

# A Rapid Form of Brain Stimulation for Treatment-Resistant Depression



**Daniel M. Blumberger, M.D.** *Centre for Addiction and Mental Health / University of Toronto*2010 BBRF Young Investigator Grant

A new form of transcranial magnetic stimulation, or TMS, has been successfully tested in patients whose depression did not respond to one or more standard treatments. The new TMS technology is called iTBS (intermittent theta burst stimulation). It can safely and painlessly deliver stimulation to brain areas affected by depression in only 3 minutes — delivering benefits to patients that researchers report are just as effective as standard, 37-minute TMS treatments. Like standard TMS, iTBS enabled half of patients to achieve at least a 50 percent reduction in symptoms, and one-third to achieve full remission.

The research team included: **Zafris Daskalakis**, **M.D.**, **Ph.D.**, BBRF Scientific Council, 2008 Independent Investigator, 2006 and 2004 Young Investigator; **Peter Giacobbe**, **B.Sc.**, **M.D.**, 2010 BBRF Young Investigator.

Journal: *The Lancet*, April 28, 2018

#### **Basic Research: Obsessive-Compulsive Disorder**

# Largest-Ever Cortical Imaging Study of OCD Patients Offers Clues to Causes





Odile A. van den Heuvel, M.D., Ph.D. VU University Medical Center in Amsterdam, Netherlands 2009 BBRF Young Investigator Grant

A study has provided new clues about which parts of the brain are disrupted in people with obsessive-compulsive disorder. By comparing brain scans of 1,905 people with OCD with those of 1,760 unaffected people, researchers noted a thinning in the parietal lobe, a part of the cortex involved in attention, planning, and response inhibition. This might contribute to patients' recurring thoughts and repetitive behaviors. The thinning was noted in both adolescent and adult patients.

The research team included: Luciano Minuzzi, M.D., Ph.D., 2014 BBRF Young Investigator.

Journal: American Journal of Psychiatry, May 1, 2018

Listed in order of publication.

#### Basic Research: Schizophrenia, Autism, Childhood Disorders

# Pregnancy Complications Provide Opportunity for Schizophrenia Risk Genes to Harm the Fetus





Daniel Weinberger, M.D.

Lieber Institute for Brain Development

BBRF Scientific Council Member

2000, 1990 Distinguished Investigator

1993 Lieber Prizewinner for Outstanding Achievement in Schizophrenia Research

Researchers have discovered that some of the most significant gene variants associated with schizophrenia affect pathways sensitive to pre-birth events influencing the response of the placenta to stress. The findings suggest the placenta is the link between schizophrenia risk genes and potentially harmful external stresses, including complications during pregnancy or birth. In an analysis that included nearly 3,000 individuals, including 2,038 with schizophrenia, researchers found that early-life complications amplify a person's inherited risk for schizophrenia more than 10-fold, and tend to affect a male fetus more than a female fetus.

The research team included: **Karen Faith Berman**, **M.D.**, BBRF Scientific Council, 2014 Distinguished Investigator, 2000 Independent Investigator; **Giuseppe Blasi**, **M.D.**, 2007 BBRF Young Investigator; **Dan Rujescu**, **M.D.**, **Ph.D.**, 2006 BBRF Independent Investigator; **Alessandro Bertolino**, **M.D.**, **Ph.D.**, 2013 BBRF Independent Investigator, 1999 Young Investigator.

Journal: Nature Medicine, May 28, 2018

#### Basic Research: Schizophrenia, Bipolar Disorder

# A Revealing Genetic Comparison of Schizophrenia and Bipolar Disorder



**Douglas M. Ruderfer, Ph.D.** *Vanderbilt University*2015 BBRF Young Investigator Grant

Schizophrenia and bipolar disorder are distinct diagnoses yet they have symptoms that overlap. They also share some of their underlying genetics, and now a study in which over 100,000 genomes were analyzed has enabled scientists to show 114 locations in the genome implicating pathways shared between the two illnesses, and four genome regions that contribute to differences in their biology. One implication of the research is that it may become possible to say, based on an individual's genetic risk score for each illness, whether or not they are likely to have certain symptoms. Another implication is that we may be able to determine the genetic signature not just for risk of an illness, like schizophrenia, "but also for key symptom dimensions like psychosis or mania," which cut across diagnostic boundaries.

The research team included: Luciano Minuzzi, M.D., Ph.D., 2014 BBRF Young Investigator.

Journal: Cell, June 14, 2018

#### Diagnostic Tools/Early Intervention: Schizophrenia, Psychosis

# Machine-learning Helped Identify Newly Diagnosed Schizophrenia and Predicted Treatment Response



**Bo Cao, Ph.D.** *University of Alberta, Canada*2016 BBRF Young Investigator Grant

By teaching computers to analyze specific yet very subtle features in brain scans — a method called machine learning — researchers were able to identify schizophrenia in 78 percent of a group of newly diagnosed patients. They could further predict, with 82 percent accuracy, which patients would respond to treatment with the antipsychotic medicine risperidone. It is an important step toward finding reliable biomarkers to assist in diagnosing schizophrenia and even to predict it before symptoms appear.

The research team included: Xiang Yang Zhang, M.D., Ph.D., 2013 BBRF Independent Investigator; Raymond Y. Cho, M.D., M.Sc., 2015 BBRF Independent Investigator, 2005 and 2003 Young Investigator; Jair Soares, M.D., Ph.D., 2002 BBRF Independent Investigator, 1999 and 1997 Young Investigator.

Journal: Molecular Psychiatry, June 19, 2018

#### **Next-Generation Treatments: Depression, Childhood Disorders**

# Interactive Parent-Child Therapy Reduced Depression Symptoms in Very Young Children





Joan L. Luby, M.D. Washington University School of Medicine in St. Louis

BBRF Scientific Council Member 2008, 2004 Independent Investigator Grant

2004 Klerman Prize for Exceptional Clinical Research

1999 Young Investigator Grant

Young children diagnosed with depression can benefit from an interactive form of therapy involving a parent, according to a clinical trial which evaluated the effects on depressed children between the ages of 3 and 7. Those in the treatment group participated in 20 therapy sessions over 18 weeks, in which therapists guided parents to better help their children recognize and regulate their emotions. Children who received the therapy had significantly lower rates of depression and less severe symptoms than those in the group that did not receive the therapy, while their parents also experienced a reduction in their own depression symptoms and in stress. This suggests that earlier identification and intervention offers a key pathway for more effective treatment.

The research team included: **Deanna Barch, Ph.D.**, BBRF Scientific Council, 2013 Distinguished Investigator, 2006 Independent Investigator, 2000 and 1995 Young Investigator

Journal: American Journal of Psychiatry, June 20, 2018



#### **Next-Generation Treatments: Suicide, Depression**

# Esketamine Reduced Suicidal Thoughts Within Hours of Treatment





Carla M. Canuso, M.D. Johnson & Johnson/Janssen R&D 1998 BBRF Young Investigator Grant

The experimental drug esketamine rapidly reduced thoughts of suicide and symptoms of depression in a small clinical trial involving 68 patients. The benefits of esketamine, like the closely related drug ketamine, were greatest within hours of treatment. By the end of the 4-week trial and 8-week follow-up (during which all patients continued taking their prior medications) those who had received a placebo rather than esketamine achieved similar reductions in depression and suicidal thoughts as did the esketamine group. This suggests esketamine could be valuable for managing severe depression and reducing suicide risk until traditional antidepressants can take effect.

The research team included: **Husseini K. Manji, M.D.**, BBRF Scientific Council, 1999 Falcone Prize, 1998 Independent Investigator; Wayne C. Drevets, M.D., BBRF Scientific Council, 2014 Colvin Prize, 1999 Independent Investigator, 1996 Young Investigator; Gerard Sanacora, M.D., Ph.D., BBRF Scientific Council, 2014 Distinguished Investigator, 2007 Independent Investigator, 2001 and 1999 Young Investigator.

Journal: American Journal of Psychiatry, July 1, 2018

#### **Basic Research: Anxiety, Depression**

# Adult-Born Neurons Can Protect Against Chronic Stress





René Hen, Ph.D. Columbia University BBRF Scientific Council Member 2009, 2003 Distinguished Investigator Grant 1998 Independent Investigator Grant

The birth of new neurons in the adult brain appears to be important for resilience to chronic stress. The discovery, made in mice, suggests that adultborn cells in the hippocampus — a part of the brain that regulates mood rein in the activity of stress-responsive cells. This, in turn, reduces stress-induced anxiety. The findings suggest these newly born cells may be important for protecting against prevalent stress-related disorders such as depression and anxiety. They raise the prospect that manipulating neuronal activity in a section of the hippocampus might be a way to protect against stress-related psychiatric disorders.

Journal: *Nature*, July 5, 2018

#### **Next-Generation Therapies: PTSD**

# Rapid, Intensive Outpatient Treatment Reduced Vets' PTSD Symptoms Within Weeks



Alyson Kay Zalta, Ph.D. University of California, Irvine 2016 BBRF Young Investigator Grant

Three weeks of intensive outpatient treatment significantly reduced the symptoms of post-traumatic stress disorder (PTSD) in veterans. The short course of treatment enabled 91 percent of trial participants to stay with the program to its end, an important factor in its success. Residential treatment programs typically last 6 to 12 weeks, a period that can be disruptive to work and family life. The new 3-week outpatient program involved daily trauma-focused psychotherapy called Cognitive Processing Therapy, and mindfulness-based resiliency training, which teaches patients to focus on the present moment to reduce stress and improve tolerance to trauma-related stimuli. Depression symptoms declined steadily throughout the program, and PTSD symptoms began to decline after the first week, and reduced more quickly as the therapy continued.

The research team included: Mark H. Pollack, M.D., 2003 BBRF Independent Investigator.

Journal: BMC Psychiatry, July 27, 2018

#### Diagnostic Tools/Early Intervention: Bipolar Disorder

# Researchers Train Computers to Identify a Biological Signature of Bipolar Disorder





Tomas Hajek, M.D., Ph.D. Dalhousie University 2015 BBRF Independent Investigator Grant 2007 Young Investigator Grant

The research team included: Geraldo F. Busatto, M.D., Ph.D., 2010 BBRF Independent Investigator; Dara Cannon, Ph.D., BBRF 2006 and 2004 Young Investigator; Janice Fullerton, Ph.D., 2007 BBRF Young Investigator; David Glahn, Ph.D., 2014 BBRF Independent Investigator, 2005 and 2003 Young Investigator; Roshel Lenroot, M.D., 2003 BBRF Young Investigator; Colm McDonald, Ph.D., 2009 BBRF Independent Investigator, 2002 Young Investigator; Theodore Satterthwaite, M.D., 2014 Klerman Prize, 2010 BBRF Young Investigator; Jair Soares, M.D., Ph.D., 1999 and 1997 BBRF Young Investigator; Eduard Vieta, M.D., 2012 Colvin Prize.

ers tested whether computers could train themselves to reliably distinguish

patients from controls. The encouraging results provide a proof-of-concept

individuals. The team's aim is differential diagnosis — being able to distinguish

for a brain-imaging signature of bipolar disorder to identify the illness in

between different psychiatric disorders with similar manifestations.

Journal: Molecular Psychiatry, August 31, 2018



#### Diagnostic Tools/Early Intervention: Psychosis, Schizophrenia, Autism, Developmental Disorders

# Folic Acid-Fortified Foods During Pregnancy May Lower Child's Psychosis Risk After Birth





Joshua L. Roffman, M.D., M.MSc.

Harvard Medical School /

Massachusetts General Hospital

2014 BBRF Independent Investigator Grant

2007 Young Investigator Grant

Researchers used MRI scans to compare the brains of more than 1,200 children and adolescents born before, at the time of, and following a 1996 government order directing food producers to supplement grain products with folic acid. Deficiencies of this basic nutrient can cause birth defects including neural tube defects. The research showed that children who were not exposed to folic acid during the fetal period displayed earlier cortical thinning, which is associated with higher psychosis risk. Those born after fortification was mandated had the longest delays in thinning and thus the lowest relative risk.

The research team included: **Ezra S. Susser, M.D., Ph.D.**, 2008 BBRF Distinguished Investigator, 1995 Independent Investigator, 1987 Young Investigator; **Theodore D. Satterthwaite, M.D.**, 2014 Klerman Prize, 2010 BBRF Young Investigator; **Ruben Gur M.D.**, **Ph.D.**, 2007 BBRF Distinguished Investigator.

Journal: JAMA Psychiatry, September 1, 2018

#### **Next-Generation Treatments: Schizophrenia**

# Computer-Delivered Cognitive Training Significantly Helped Schizophrenia Patients in Rehab Setting



Gregory A. Light, Ph.D.
University of California, San Diego
2014 Sidney R. Baer, Jr. Prize for
Outstanding Achievement in
Schizophrenia Research (Maltz Prize)
2013 BBRF Independent Investigator Grant
2006, 2003 Young Investigator Grant

Researchers have shown that a form of therapy called targeted cognitive training (TCT) can help individuals with schizophrenia who have suffered from severe symptoms and required stabilization on high medication dosages for many years. Patients received 3–5 hours of TCT training per week, delivered via laptop computers, with tasks focusing on a variety of auditory processes. Deficits in auditory perception and verbal learning have been traced to the brain's auditory processing system. "TCT produced significant improvements in auditory perception and verbal learning," the team reported. Patients also experienced a "significant reduction in auditory hallucinations."

The research team included: **Andrew Bismark, Ph.D.**, 2016 BBRF Young Investigator; **Yash Joshi, M.D., Ph.D.**, 2018 BBRF Young Investigator; **David L. Braff, M.D.**, 2014 Lieber Prize, 2007 BBRF Distinguished Investigator; **Sophia Vinogradov, M.D.**, 2000 BBRF Independent Investigator; **Neal Swerdlow, M.D.**, Ph.D., 2016 BBRF Distinguished Investigator, 1995 Independent Investigator, 1990 Young Investigator.

Journal: Schizophrenia Research, December 1, 2018

# Our Scientific Council

**180** Members (10 Emeritus)

**52** Members of the National Academy of Medicine

**29** Chairs of Psychiatry & Neuroscience Departments

**12** Members of the National Academy of Sciences

**4** Recipients of the National Medal of Science

**3** Former Directors of the National Institute of Mental Health and the current Director

1 Nobel Prize Winner

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Herbert Pardes, M.D.

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Joseph T. Coyle, M.D. lacqueline N. Crawley, Ph.D. John G. Csernansky, M.D. Z. Jeff Daskalakis, M.D., Ph.D. Karl Deisseroth, M.D., Ph.D. J. Raymond DePaulo, Jr., M.D. Ariel Y. Deutch, Ph.D. Ralph DiLeone, Ph.D. Wayne C. Drevets, M.D. Ronald S. Duman, Ph.D. Guoping Feng, Ph.D. Stan B. Floresco, Ph.D. Judith M. Ford, Ph.D. Alan Frazer, Ph.D. Robert Freedman, M.D. Fred H. Gage, Ph.D. Aurelio Galli, Ph.D. Mark S. George, M.D. Elliot S. Gershon, M.D. Mark A. Geyer, Ph.D. Jay N. Giedd, M.D. Jay A. Gingrich, M.D., Ph.D. James M. Gold, Ph.D. David Goldman, M.D. Joshua A. Gordon, M.D., Ph.D. Elizabeth Gould, Ph.D. Anthony A. Grace, Ph.D. Raquel E. Gur, M.D., Ph.D. Suzanne N. Haber, Ph.D. Philip D. Harvey, Ph.D. Stephan Heckers, M.D. René Hen, Ph.D. Fritz A. Henn, M.D., Ph.D. Takao K. Hensch, Ph.D. Robert M.A. Hirschfeld, M.D. Elliot Hong, M.D. Steven E. Hyman, M.D. Robert B. Innis, M.D., Ph.D. Jonathan A. Javitch, M.D., Ph.D. Daniel C. Javitt, M.D., Ph.D. Dilip V. Jeste, M.D. Ned H. Kalin, M.D. Peter W. Kalivas, Ph.D. Eric R. Kandel, M.D. Richard S.E. Keefe, Ph.D. Samuel I. Keith, M.D. Martin B. Keller, M.D. John R. Kelsoe, M.D.

Kenneth S. Kendler, M.D. lames L. Kennedy, M.D. Robert M. Kessler, M.D. Mary-Claire King, Ph.D. Rachel G. Klein, Ph.D. John H. Krystal, M.D. Amanda I. Law, Ph.D. lames F. Leckman, M.D., Ph.D. Francis S. Lee, M.D., Ph.D. Ellen Leibenluft, M.D. Robert H. Lenox, M.D. Pat R. Levitt, Ph.D. David A. Lewis, M.D. Jeffrey A. Lieberman, M.D. Kelvin Lim, M.D. Joan L. Luby, M.D. Irwin Lucki, Ph.D. Gary Lynch, Ph.D. Robert C. Malenka, M.D., Ph.D. Anil K. Malhotra, M.D. Husseini K. Manji, M.D., F.R.C.P.C. J. John Mann, M.D. John S. March, M.D., M.P.H. Stephen Maren, Ph.D. Daniel H. Mathalon, Ph.D., M.D. Helen S. Mayberg, M.D. Bruce S. McEwen, Ph.D. Ronald McKay, Ph.D. lames H. Meador-Woodruff, M.D. Herbert Y. Meltzer, M.D. Kathleen R. Merikangas, Ph.D. Richard J. Miller, Ph.D. Karoly Mirnics, M.D., Ph.D. Bita Moghaddam, Ph.D. Charles B. Nemeroff, M.D., Ph.D. Eric J. Nestler, M.D., Ph.D. Andrew A. Nierenberg, M.D. Patricio O'Donnell, M.D., Ph.D. Dost Ongur, M.D., Ph.D. Maria A. Oquendo, M.D., Ph.D. Steven M. Paul, M.D. Godfrey D. Pearlson, M.D., Mary L. Phillips, M.D., M.D. (CANTAB) Marina R. Picciotto, Ph.D. Daniel S. Pine, M.D. Robert M. Post, M.D. lames B. Potash, M.D., M.P.H. Steven G. Potkin, M.D. Pasko Rakic, M.D., Ph.D. Judith L. Rapoport, M.D. Perry F. Renshaw, M.D., Ph.D., M.B.A.

Kerry J. Ressler, M.D., Ph.D.

Victoria B. Risbrough, Ph.D. Carolyn B. Robinowitz, M.D. Bryan L. Roth, M.D., Ph.D. Laura M. Rowland, Ph.D. John L.R. Rubenstein, M.D., Ph.D. Bernardo Sabatini, M.D., Ph.D. Gerard Sanacora, M.D., Ph.D. Akira Sawa, M.D., Ph.D. Alan F. Schatzberg, M.D. Nina R. Schooler, Ph.D. Robert Schwarcz, Ph.D. Yvette I. Sheline, M.D. Solomon H. Snyder, M.D., D.Sc., D.Phil. (Hon. Causa) Vikaas S. Sohal, M.D., Ph.D. Matthew W. State, M.D., Ph.D. Murray B. Stein, M.D., M.P.H., F.R.Ć.F.C. Stephen M. Strakowski, M.D. John S. Strauss, M.D. J. David Sweatt, Ph.D. John A. Talbott, M.D. Carol A. Tamminga, M.D. Laurence H. Tecott, M.D., Ph.D. Kay M. Tye, Ph.D. Leslie G. Ungerleider, Ph.D. Flora M. Vaccarino, M.D. Rita J. Valentino, Ph.D. Jim van Os, M.D., Ph.D., MRCPsych Jeremy M. Veenstra-VanderWeele, M.D. Susan M. Voglmaier, M.D., Ph.D. Aristotle N. Voineskos, M.D., Ph.D. Nora D. Volkow, M.D. Karen Dineen Wagner, M.D., Daniel R. Weinberger, M.D. Myrna M. Weissman, Ph.D. Marina E. Wolf, Ph.D. Jared W. Young, Ph.D. L. Trevor Young, M.D., Ph.D.,

#### **Members Emeritus**

F.R.C.P.C., F.Č.A.H.S.

Jon-Kar Zubieta, M.D., Ph.D.

George K. Aghajanian, M.D.
BJ Casey, Ph.D.
Dennis S. Charney, M.D.
Jan A. Fawcett, M.D.
Frederick K. Goodwin, M.D.
Kenneth K. Kidd, Ph.D.
Philip Seeman, M.D., Ph.D.
Ming T. Tsuang, M.D., Ph.D., D.Sc.
Mark von Zastrow, M.D., Ph.D.



# We Welcome Our 10 Newest Members

Led by Dr. Herbert Pardes, the founding President of our Scientific Council, an all-volunteer group of pre-eminent mental health researchers reviews hundreds of grant applications each year and selects the most promising research ideas with the greatest potential to lead to breakthroughs.

The Scientific Council guides the Foundation to fund creative and impactful research relevant to the whole spectrum of mental health.

We welcome our 10 newest members.

"Since 1987, BBRF has awarded more than \$394 million to fund more than 4,700 leading scientists around the world, which has led to over \$3.9 billion in additional funding. We are pleased that these 10 leading experts in their fields have joined the Council and will help in selecting the best and brightest ideas in brain research to receive our grants."

— Dr. Herbert Pardes



**SUSANNE AHMARI, M.D., PH.D.**Assistant Professor, Psychiatry *University of Pittsburgh* 



JAMES M. GOLD, PH.D.
Professor of Psychiatry
University of Maryland School of
Medicine / Maryland Psychiatric
Research Center



VICTORIA ARANGO, PH.D.
Professor of Neurobiology,
Psychiatry
New York State Psychiatric Institute
/ Columbia University



JOAN L. LUBY, M.D.
Samuel and Mae S. Ludwig
Professor of Psychiatry (Child);
Director and Founder, Early
Emotional Development Program
Department of Psychiatry
Washington University School of
Medicine in St. Louis



PAOLA ARLOTTA, PH.D.
Chair, Harvard Department of
Stem Cell and Regenerative
Biology
Stanley Center for Psychiatric
Research, Broad Institute, Harvard
University / McLean Hospital



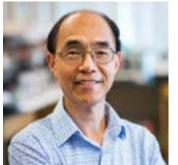
MARIA A. OQUENDO, M.D., PH.D. Professor and Chairman of Psychiatry University of Pennsylvania



RALPH J. DILEONE, PH.D.
Professor of Psychiatry &
Neuroscience
Yale University School of Medicine



Associate Vice President, Regional Mental Health; Professor and Chair, Department of Psychiatry Dell Medical School / University of Texas at Austin



GUOPING FENG, M.D., PH.D.
Poitras Professor of Neuroscience,
McGovern Institute for Brain
Research, Department of
Brain Cognitive Sciences at
Massachusetts Institute of
Technology.
Director of Model Systems and
Neurobiology,
Stanley Center for Psychiatric
Research at Broad Institute of MIT
and Harvard.Research at Broad
Institute of MIT and Harvard.



ARISTOTLE N. VOINESKOS, M.D., PH.D. Director, Slaight Family Centre for Youth in Transition; Associate Professor, Department of Psychiatry Centre for Addiction and Mental Health / University of Toronto, Canada

# **Recovery** Research Programs

Since 1987, BBRF has funded grants to more than 4,700 scientists around the world who are researching better treatments and cures for mental illness. Because BBRF's operating costs are covered by two generous family foundations, **every dollar donated for research goes directly to support research.** 

## **Addiction Research Program**

**117** GRANTS AWARDED **37** SCIENTIFIC COUNCIL SPECIALISTS

## **ADHD Research Program**

**49** GRANTS AWARDED **23** SCIENTIFIC COUNCIL SPECIALISTS

## **Anxiety Research Program**

**153** GRANTS AWARDED **47** SCIENTIFIC COUNCIL SPECIALISTS

## **Autism Research Program**

**177** GRANTS AWARDED **34** SCIENTIFIC COUNCIL SPECIALISTS

## Bipolar Disorder Research Program

**430** GRANTS AWARDED **48** SCIENTIFIC COUNCIL SPECIALISTS

## Borderline Personality Disorder Research Program

**14** GRANTS AWARDED **4** SCIENTIFIC COUNCIL SPECIALISTS

# **Depression Research Program**

**1,136** GRANTS AWARDED **68** SCIENTIFIC COUNCIL SPECIALISTS

## Eating Disorders Research Program

**39** GRANTS AWARDED **2** SCIENTIFIC COUNCIL SPECIALISTS

# Obsessive-Compulsive Disorder Research Program

**74** GRANTS AWARDED **20** SCIENTIFIC COUNCIL SPECIALISTS

## Post-Traumatic Stress Disorder Research Program

**136** GRANTS AWARDED **23** SCIENTIFIC COUNCIL SPECIALISTS

## Schizophrenia Research Program

**2,236** GRANTS AWARDED **80** SCIENTIFIC COUNCIL SPECIALISTS

# BBRF Grants support the most promising ideas in brain research.

Funding is focused on four priority areas to better understand and treat mental illness, aiming toward prevention and cures:

# BASIC RESEARCH

to understand what happens in the brain to cause mental illness

# NEW TECHNOLOGIES

to advance or create new ways of studying and understanding the brain

# DIAGNOSTIC TOOLS AND EARLY INTERVENTION

research to recognize early signs of mental illness and begin treat ment as early as possible

# NEXT-GENERATION THERAPIES

to reduce symptoms of mental illness and ultimately prevent and cure brain and behavior disorders



No other organization outside of the federal government has funded the number of mental health research grants that the Brain & Behavior Research Foundation has — or been responsible for more breakthroughs in the field.

An independent measure of the success of our grants is a recent RAND Europe analysis of the global mental health research funding landscape over the previous five years.

This report found that we are the top nongovernment mental health research funder cited in published articles.

"The Brain & Behavior Research
Foundation, through its grants
program, has made an extraordinary contribution, not only in
providing funds for psychiatric
research, but in helping structure
the field. BBRF is unrivaled in its
innovative and expert approach to
funding the most promising ideas
in brain and behavior research.
Its funding decisions are steered
by the best scientists in the field
and the research sponsored has
continually led to important
advances."

Eric R. Kandel, M.D., Nobel Prize Winner BBRF Scientific Council 1995, 2000 & 2005 Distinguished Investigator Grant

# Young Investigator Grants

BBRF Young Investigator Grants cover a broad spectrum of mental illnesses and serve as catalysts for additional funding, providing researchers with an opportunity to develop a "proof of concept" for their work.

Many Young Investigator grantees are pursuing basic research projects. Others are specifically focusing on new ideas for therapies, diagnostic tools, and new technologies. The 200 projects are innovative research that will provide future insights and advances that will help lead the fields of psychiatry and neuroscience forward. The projects reflect the remarkable dynamism of brain research.

An extraordinary aspect of many of the projects is their coverage of multiple disorders. In part, this reflects the growing realization that many symptoms of psychiatric illnesses are experienced by patients with different diagnoses — for instance, symptoms shared by depression and anxiety, or schizophrenia and bipolar disorder. In many instances, when our Young Investigators conduct research that crosses diagnostic boundaries, they are exploring biological processes that underlie these illnesses. It's an exciting and very promising trend in research that we hope will lead to improved treatments in the years to come.

Young Investigator Grants provide each scientist with \$35,000 per year for two years, totaling \$70,000.

BBRF awarded a total of \$14 million to its 2018 Young Investigators, thus strengthening its investment in the most promising ideas to lead advancements in understanding and treating brain and behavior disorders.

"Young Investigator Grants enable outstanding scientists to pursue bold new ideas that expand our understanding of psychiatric illness and help identify potentially gamechanging targets for treatment. In many cases, Foundation Grants offer the first critical support for a young scientist's work that may not otherwise receive funding."

#### Herbert Pardes, M.D.

President of the BBRF Scientific Council Executive Vice Chairman of the Board of Trustees, NewYork-Presbyterian Hospital

## Co-Chairs of the Young Investigator Grant Selection Committee



**Judy M. Ford, Ph.D.**Professor, Department of Psychiatry *University of California, San Francisco* 

BBRF Scientific Council Member 2003 Independent Investigator



Suzanne N. Haber, Ph.D.
Professor, Department of Pharmacology
and Physiology
University of Rochester School of Medicine
and Dentistry

BBRF Scientific Council Member 2011 Distinguished Investigator

818 Applications 200 Grants Awarded \$14 Million Awarded

# 2018 Grants by Illness

Institutions listed represent where grant was first awarded

#### **ADDICTION**

#### Hamed Ekhtiari, M.D., Ph.D.

Laureate Institute for Brain Research Next-Generation Therapies

# Mark Alexander Grainger Eldridge,

National Institute of Mental Health Basic Research

#### Diana I. Escalona-Vargas, Ph.D.

University of Arkansas for Medical Sciences Basic Research

#### Chiara Giuliano, Ph.D.

University of Cambridge, UK Basic Research

#### Nicholas M. Graziane, Ph.D.

Pennsylvania State University Basic Research

#### Rebecca Sue Hofford, Ph.D.

*Icahn School of Medicine at Mount Sinai* Basic Research

#### Xuan (Anna) Li, Ph.D.

University of Maryland Basic Research

#### Leah M. Mayo, Ph.D.

Linköping University, Sweden Basic Research

#### Vijay Mohan K. Namboodiri, Ph.D.

University of North Carolina at Chapel Hill Basic Research

#### Alexander C. W. Smith, Ph.D.

Icahn School of Medicine at Mount Sinai Basic Research

#### Oliver Vranjkovic, Ph.D.

Vanderbilt University Basic Research

#### Yi-Zhi Wang, Ph.D.

Northwestern University Basic Research

#### Brandon Warren, Ph.D.

National Institute on Drug Abuse/NIH

#### **BASIC RESEARCH**

#### Sylia Wilson, Ph.D.

University of Minnesota Basic Research

#### Sarah Winsland Yip, Ph.D., M.Sc.

Yale University Diagnostic Tools/Early Intervention

#### **ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD)**

#### Atul Maheshwari, M.D.

Baylor College of Medicine Basic Research

#### Aki Nikolaidis, Ph.D.

Child Mind Institute Basic Research

#### Nikhil Urs. Ph.D.

University of Florida Basic Research

#### **ANXIETY**

#### Nicholas I. Balderston, Ph.D.

National Institute of Mental Health (NIMH/NIH) Next-Generation Therapies

#### Tali Manber Ball, Ph.D.

Stanford University Basic Research

#### Jeremy Stanford Biane, Ph.D.

The J. David Gladstone Institutes at the University of California, San Francisco Basic Research

#### Brendan E. Depue, Ph.D.

University of Louisville Basic Research

#### Elliot Kale Edmiston, Ph.D.

University of Pittsburgh **Next-Generation Therapies** 

#### Alexxai V. Kravitz, Ph.D.

National Institute of Diabetes & Digestive & Kidnev Diseases, NIH Basic Research

#### Jayne Morriss, Ph.D.

University of Reading, UK Basic Research

#### Fernando M. C. V. Reis, Ph.D.

University of São Paulo, Brazil Basic Research

#### Michael Grady Wheaton, Ph.D.

Barnard College, Columbia University Basic Research

#### **AUTISM / AUTISM SPECTRUM DISORDER (ASD)**

#### Daniel Arthur Abrams, Ph.D.

Stanford University Basic Research

#### Claudio Acuna-Goycolea, Ph.D.

University of Heidelberg, Germany New Technologies

#### Benjamin D. Auerbach, Ph.D.

Research Foundation for the State University of New York (SUNY) on behalf of the University at Buffalo Basic Research

#### Robert Paul Bonin, Ph.D.

University of Toronto, Canada Basic Research

#### Simon Chen, Ph.D.

University of Ottawa, Canada Basic Research

#### Crystal T. Engineer, Ph.D.

University of Texas at Dallas Next-Generation Therapies

#### Aaron Gordon, Ph.D.

University of California, Los Angeles Basic Research

#### Junjie Guo, Ph.D.

Yale University Basic Research

#### Xin Jin, Ph.D.

Harvard University Basic Research

#### Ruchi Malik, Ph.D.

University of California, San Francisco/ Gladstone Institutes Basic Research

#### David A. Matuskey, M.D.

Yale University Diagnostic Tools/Early Intervention

#### Galen Missig, Ph.D.

McLean Hospital/Harvard University Basic Research

#### Tomasz J. Nowakowski, Ph.D.

University of California, San Francisco/ Gladstone Institutes Basic Research

#### Neville Espi Sanjana, Ph.D.

New York Genome Center Basic Research

#### Simon Thomas Schafer, Ph.D.

Salk Institute for Biological Studies Diagnostic Tools/Early Intervention

#### **Tingting Wang, Ph.D.**

Georgetown University Basic Research

#### Kai Yu, Ph.D.

Cold Spring Harbor Laboratory Basic Research

#### **BIPOLAR DISORDER**

#### Jaroslav Bendl, Ph.D.

*Icahn School of Medicine at Mount Sinai* Basic Research

#### Arianna Di Florio, M.D., Ph.D.

Cardiff University, UK Diagnostic Tools/Early Intervention

#### **BORDERLINE PERSONALITY DISORDER**

#### Chui-De Chiu, Ph.D.

Chinese University of Hong Kong Basic Research

#### **DEPRESSION**

#### Petr Bednarik, M.D., Ph.D.

Medical University of Vienna, Austria New Technologies

#### Katie L. Burkhouse, Ph.D.

University of Illinois at Chicago Next-Generation Therapies

#### Michelle Lynn Byrne, Ph.D.

University of Oregon Basic Research

#### Erin S. Calipari, Ph.D.

Vanderbilt University Basic Research

#### Frederic Christophe Casse, Ph.D.

University of Lausanne, Switzerland **Next-Generation Therapies** 

#### Meaghan Claire Creed, Ph.D.

University of Maryland Basic Research

#### Nicole Ashley Crowley, Ph.D.

Pennsylvania State University Basic Research

#### Alec Lindsay Ward Dick, Ph.D.

*Max-Planck Institute of Psychiatry,* Germany Basic Research

#### Riddhi Prakash Doshi, M.B.B.S., MPH, Ph.D.

University of Connecticut Health Center Next-Generation Therapies

#### Ada Diane Eban-Rothschild, Ph.D.

University of Michigan Basic Research

#### Katherine Babcock Ehrlich, Ph.D.

University of Georgia Basic Research

#### Peter Grace, Ph.D.

University of Texas, MD Anderson Cancer Center Basic Research

#### Brendan Deegan Hare, Ph.D.

Yale University School of Medicine Next-Generation Therapies

#### Alexander Z. Harris, M.D., Ph.D.

Research Foundation for Mental Hygiene/ NYSPI, Columbia University Diagnostic Tools/Early Intervention

#### Lisa Holper-Nellen, M.D.

University of Zurich Brain Research Institute, Switzerland Diagnostic Tools/Early Intervention

#### David Mark Howard, Ph.D.

University of Edinburgh, Scotland Diagnostic Tools/Early Intervention

#### Jessica Jenness, Ph.D.

University of Washington, Seattle Diagnostic Tools/Early Intervention

#### Makoto Kawai, M.D.

Stanford University Diagnostic Tools/Early Intervention

#### Kate Ryan Kuhlman, Ph.D.

University of California, Irvine Basic Research

#### Autumn Joy Kujawa, Ph.D.

Vanderbilt University Diagnostic Tools/Early Intervention

#### Salvatore Lecca, Ph.D.

University of Lausanne, Switzerland Basic Research

#### Yi Lu. Ph.D.

Karolinska Institute, Sweden Basic Research

#### Alexander McGirr, M.D.

University of Calgary, Canada Next-Generation Therapies

#### Lisa M. McTeague, Ph.D.

Medical University of South Carolina Next-Generation Therapies

#### Mark Ronald Mizee, Ph.D.

Netherlands Institute for Neuroscience, *The Netherlands* Basic Research

#### Marco Pignatelli, M.D.

National Institute on Drug Abuse Next-Generation Therapies

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#### Arjun Ramakrishnan, Ph.D.

University of Pennsylvania Diagnostic Tools/Early Intervention

#### Robb Brooks Rutledge, Ph.D.

University College London, UK Diagnostic Tools/Early Intervention

#### Durga Roy, M.D.

Johns Hopkins University School of Medicine Basic Research

#### Katherine Scangos, M.D., Ph.D.

University of California, San Francisco/ Gladstone Institutes New Technologies

#### Marianne Louise Seney, Ph.D.

University of Pittsburgh Basic Research

#### Kanzo Suzuki, Ph.D.

University of Texas Southwestern Medical Center at Dallas Next-Generation Therapies

#### Benjamin Seavey Cutler Wade, Ph.D.

University of California, Los Angeles Diagnostic Tools/Early Intervention

#### Christian Anthony Webb, Ph.D.

McLean Hospital/Harvard University Diagnostic Tools/Early Intervention

#### Nolan Ryan Williams, M.D.

Stanford University Next-Generation Therapies

#### **EATING DISORDERS**

#### Estefania Pereira Cardoso Azevedo, Ph.D.

The Rockefeller University Basic Research

#### Fabricio H. Do Monte, Ph.D.

University of Texas Health Science Center at Houston Basic Research

#### Cindy Cherise Hagan, Ph.D.

California Institute of Technology Basic Research

#### Carol Kan, Ph.D.

Institute of Psychiatry, King's College London, UK Basic Research

"When I received the award from the BBRF it was a really challenging time in my research career. I had been in a lab for about two years. My whole scientific career depended on a \$60,000 piece of equipment and then all of sudden I was cut off. It turns out that it was only because I received the Young Investigator award at this same time that I was able to buy my own piece of equipment to do the project I needed to do. That got me my next YI award and then a K Award from the NIMH. I really doubt I'd be standing here as the director of the NIMH if I hadn't been able to jumpstart my career with the help of the BBRF."

#### Joshua Gordon, M.D., Ph.D.

Director of the National Institute of Mental Health (NIMH) **BBRF Scientific Council Member** 2003, 2001 Young Investigator Grant

#### Sung Il Park, Ph.D.

Texas A&M University Basic Research

#### Sarah A. Stern, Ph.D.

The Rockefeller University Basic Research

#### **BIOLOGY OF THE BRAIN**

#### **Brain Stimulation**

#### **Evangelos Antzoulatos, Ph.D.**

University of California Davis Medical Center **New Technologies** 

#### **Early-life Stress**

#### Jessica Lynn Bolton, Ph.D.

University of California, Irvine Basic Research

#### **Biomarkers**

#### Alexander William Charney, M.D.

Icahn School of Medicine at Mount Sinai Diagnostic Tools/Early Intervention

#### **Stress and Sleep**

#### Shinjae Chung, Ph.D.

University of Pennsylvania Basic Research

#### **Learning and Memory**

#### Giannina Descalzi, Ph.D.

New York University Basic Research

#### **Dopamine System**

#### Aliza T. Ehrlich, Ph.D.

McGill University, Canada Next-Generation Therapies

#### **Brain Patterns in Sleep**

#### Maria Jose Galazo, Ph.D.

Tulane University Basic Research

#### **Substance Use and Epigenetics**

#### Suhas Ganesh, M.D.

Yale University Basic Research

#### Attention

#### Adam John Granger, Ph.D.

Harvard Medical School Basic Research

#### **Apathy and Motivation**

#### Tobias U. Hauser, Ph.D.

University College London, University of London, UK Basic Research

#### **Diagnostic Tools**

#### Yungil Kim, Ph.D.

Icahn School of Medicine at Mount Sinai Diagnostic Tools/Early Intervention

#### **Decision-Making**

#### Shinichiro Kira, M.D., Ph.D.

Harvard Medical School Basic Research

#### **Decision-Making**

#### Aaron Christopher Koralek, Ph.D.

Columbia University Basic Research

#### **Dopamine System**

#### Polina Kosillo, Ph.D.

University of California, Berkeley Basic Research

#### Memory

#### Kishore V. Kuchibhotla, Ph.D.

Johns Hopkins University Basic Research

#### **Genetic Damage**

#### John R. Lukens, Ph.D.

University of Virginia Basic Research

#### **Dopamine and Reward**

#### James W. Maas, M.D.

University of California, San Francisco/ Gladstone Institutes Basic Research

#### **Brain Development**

#### Simone Mayer, Ph.D.

University of California, San Francisco/ *Gladstone Institutes* Basic Research

#### **Visualizing Neurons**

#### Arnab Mukherjee, Ph.D.

University of California, Santa Barbara **New Technologies** 

#### Connectivity

#### Michael Murphy, M.D., Ph.D.

McLean Hospital/ Harvard University Basic Research

#### Early-life Abuse

#### Maya Mikhailovna Opendak, Ph.D.

Nathan S. Kline Institute for Psychiatric Research Basic Research

#### **Gender Differences and Stress**

#### Abigail Marie Polter, Ph.D.

George Washington University Basic Research

#### **Expectation Bias/Inflexibility**

#### Erin Leigh Rich, M.D., Ph.D.

*Icahn School of Medicine at Mount Sinai* Basic Research

#### Cognitive Reappraisal/Flexibility

#### Maureen Elizabeth Ritchey, Ph.D.

Boston College Basic Research

#### **Imaging**

#### Kerstin Ritter, Ph.D.

Charité-University Medicine Berlin Freie Universitat Berlin, Germany Diagnostic Tools/Early Intervention

#### Motivation

#### Mark A. Rossi, Ph.D.

University of North Carolina at Chapel Hill Basic Research

#### **Coping Behavior-Orexin System**

#### Robert Sears, Ph.D.

Nathan S. Kline Institute for Psychiatric Research Basic Research

#### **Modifying Neural Circuits**

#### Jerzy Olgierd Szablowski, Ph.D.

California Institute of Technology **New Technologies** 

#### **Genetic Regulation**

#### Hyejung Won, Ph.D.

University of North Carolina at Chapel Hill Basic Research

#### **Social Isolation**

#### Ofer Yizhar, Ph.D.

Weizmann Institute of Science, Israel Basic Research

#### **MULTIPLE DISORDERS**

#### Schizophrenia, Addiction

#### Davide Amato, Ph.D.

Medical University of South Carolina Basic Research

#### Addiction, OCD, Depression

# Matthew Ryan Banghart, Ph.D.

University of California, San Diego Basic Research

#### PTSD. Anxiety

#### Christian R. Burgess, Ph.D.

University of Michigan Basic Research

#### Depression, Anxiety

#### Samuel William Centanni, Ph.D.

Vanderbilt University **New Technologies** 

#### Schizophrenia, Bipolar Disorder Michael Ben Clark, Ph.D.

University of Oxford, UK **New Technologies** 

#### Anxiety, PTSD

#### Cyril Dejean, Ph.D.

INSERM, France Next-Generation Therapies

#### OCD. Addiction. ADHD

#### Becket Ebitz, Ph.D.

University of Minnesota Basic Research

#### ADHD, Autism, Schizophrenia

#### **Evan Harriman Feinberg, Ph.D.**

University of California, San Francisco, *Gladstone Institutes* Basic Research

#### Tourette, OCD, Autism

#### Daniel John Foster, Ph.D.

Vanderbilt University **Next-Generation Therapies** 

#### Bipolar Disorder, Suicide

#### Dorian Ashley Lamis, Ph.D.

Emory University School of Medicine Basic Research

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2002 Klerman Award Honorable Mention 2008 Distinguished Investigator Grant 2000 Independent Investigator Grant 1997, 1993 Young Investigator Grant

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# The Pardes Humanitarian Prize in Mental Health

Bestowed annually since 2014, the Pardes Prize recognizes a person(s) or organization whose humanitarian work is transformative and of great magnitude, changing the lives and bringing the joy of living to those facing challenges to mental health.

The recipient of the Pardes Humanitarian Prize in Mental Health is chosen by a distinguished international Selection Committee from nominations solicited worldwide. The Prize focuses public attention on the burden of mental illness on individuals and on society, and the urgent need to expand and enhance mental health services both in the developed world and in developing countries.

Established in 2014, the Pardes Humanitarian Prize is named in honor of Dr. Herbert Pardes, the first recipient of the award.



Dr. Herbert Pardes, Bob Wright (Honorary Pardes Humanitarian Prize in Mental Health Prizewinner), Judge Steven Leifman, (Pardes Humanitarian Prize in Mental Health Prizewinner) and Dr. Jeffrey Borenstein.



#### **WINNERS**

#### 2018

Judge Steven Leifman Honorary Tribute: Suzanne and Bob Wright

#### 2017

Doctors Without Borders/ Médecins Sans Frontières

Honorary Tribute: Constance E. Lieber

#### 2016

Vikram Patel, Ph.D., F.Med.Sci. & Charles F. Reynolds, III, M.D. Honorary Tribute:

Senator Edward M. Kennedy

#### 2015

Beatrix (Betty) A. Hamburg, M.D. and David A. Hamburg, M.D.

Honorary Tribute: Rosalynn Carter

#### 2014

Herbert Pardes, M.D.

# International Symposium and Awards Dinner

October 26, 2018



Opening remarks were given by Dr. Jeffrey Borenstein



2018 BBRF Outstanding Achievement Prizewinners. From L to R: Dr. Xiao-Jing Wang, Dr. Jean-Pierre Changeux, Dr. Benjamin Goldstein, Dr. Joseph Piven, Dr. Kristen Brennand, Dr. Anissa Abi-Dargham, Dr. Herbert Pardes, Dr. Guillermo Horga, Dr. Jeffrey Borenstein, Dr. Schahram Akbarian, and Dr. Ami Klin.





Dr. Helen Mayberg, BBRF Scientific Council Member and Stephen Lieber, BBRF Chairman of the Board. Photos this page by Chad David Kraus

In 2018 the Pardes Humanitarian Prize in Mental Health was sponsored in part by Janssen Research & Development, LLC, one of the Janssen Pharmaceutical Companies of Johnson & Johnson.

# Breaking the Silence about Mental Illness Luncheon

May 5, 2018



Ellen Levine, Dr. Jeffrey Borenstein, and



Carole Atkinson, Suzanne Golden, Ornella Morrow, Carole Mallement, Judy Daniels, Virginia Silver, Sheila Scharfman, Bonnie Hammerschlag, Ellie Hurwitz, and Beth Elliott.

# Scientific Council Dinner & Klerman & Freedman Awards July 27, 2018



The Klerman & Freedman Prizewinners and honorable mentions — Dr. Christina M. Gremel, Dr. Byungkook Lim, Dr. Herbert Pardes, Dr. Ueli Rutishauser, Dr. Timothy Y. Mariano, and Dr. Albert R. Powers III.



Dr. Joshua Gordon, Director of the NIMH and Dr. Herbert Pardes (Scientific Council).

Photos this page by Chad David Kraus

# Team Up for Research 2018 Highlights



Receiving donations from Gravity Blankets and the "Elvis Duran and the Morning Show" at iHeartRadio.



Hike for Mental Health donated more than \$54,000 to BBRF through their charitable efforts. Pictured: Leo Walker and Dr. Jeffrey Borenstein.



Behaviour Interactive Inc. has provided over \$500,000 to BBRF through their charitable initiative. Pictured L to R: Dave Richards, Sophie Laplante, Olivier Latanicki, and Dr. Jeffrey Borenstein at the BBRF 2018 Symposium.



Screen shot of "The Game Theorists" YouTube charity livestream, benefitting BBRF and raising over \$200,000.



The generous support of our donors is what allows us to celebrate more than 30 years of remarkable research achievements. We're honored by the trust you, our donors, have placed in the Brain & Behavior Research Foundation to fund the development of new treatments, cures, and methods of prevention to help alleviate the suffering caused by mental illness.

"We chose the BBRF because it aligned with a few of our core giving goals this year. First, the organization specifically targets the underlying issues behind the world's most prevalent and debilitating mental disorders, so rather than treating the symptoms, they're working toward cures. As people who have family members, loved ones, and many in our community who suffer from a range of mental illnesses, our sights are set on long-term solutions for them, not surfacelevel treatments. In addition, we really appreciated that the BBRF provides support to research internationally, which meant that our global fan base could all contribute to research efforts that felt close-to-home, rather than a charity that only helps American scientists.

> **MatPat & Stephanie Patrick** (The Game Theorists)

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Katy Griffin Liz Griffin Patricia G. Griffin Stacey Griffith lames M. Griffiths Stephanie Grimaldi Aria Grimm Ken Grizzly Carrie Grosvenor Scott Guidry Michael L. Guillory Caroline Guiterrez Ronnie Gul Judith E. Gunther Teresa Gutierrez-Payton Gwen Emily Haataja-McAllister David A. Hagebush Melissa Hahn Ryan Haire Paige Hakowski Christina K. Hall Ciara Anne Hall Parker Hall

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Edwin Hong Seth Hardy Melanie Hare The Hooten Family Caleb Hopkins Bruce Harlow, Sr. and his unconditional Elizabeth Hopkins love for his three children Lena Harrington Sara Horning Tyler Horstman Austin Harris Colleen Harris Lindsay A. House Halee Harris Kacv Houser Amanda C. Howard Kelly-Trey Harris-Tolar Gabe Harrison Chenelle Howell Easton Hoyt Kristen C. Harrison Tyler Harting Tina Hoyt Heather Hsia Gretchen Hartkop's relatives: Mom, Dad, Bathilda Hsu Vanessa, Matthew, Fritz & Julie Angie Huang Victoria Hartley Shaw Hubbard Amanda Hartman Jacqueline M. Hartman Wendy Hughes Sabrina Huish Roland Hartman Stephen Hulka Olin Hatch

Michelle Hull Marlon Hungriano Angela Hurtado Barry and Wendy Hurwitz Hailey Hutchinson

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Just Splat

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Karen Hatfield

lanalyce Hatton

Bernard and Mary Healy

Tiffaney Hawk

Elaine Healy

Ben Kabakow
Chris Kallas
Debra Kamp
Dr. Cylia W. Kamp
Kelly Karagias
Matt Kasperski
Daughter of Jeff's friend
Tiffany Katherine

Miriam E. Katowitz, C.P.A. Danya Kats Clara L. Katsman Amy Katz Daniel Katz Joel and Elinor Katz Harpreet Kaur Sherry Kaur

Sherry Kaur
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Ann Kelsey
Brian Kelsey

The Kenguin Squad Heather A. Kennedy, M.D.

Rachel Kennedy Jamie and Amy Kenny Madie Kenworthy Faina Kerimova

Melissa Anne Kerlin-Ouick

Shelly Kessler Vienna V. Key Angie Khavos Will Kiker

Yvonne S. Kilbourne Laura Kilgore-Mosteller

YeuJin Kim Madi Kincaid

Kathleen King's daughter

Kelly King Emily Kirk Gerald Kirk Jessica Kirklin Aaron Boettger and

Jessie Kirkwood-Boettger Cameron K. Kirsic (King Khaya) Chloe N. Kirsic (Chloe Superstar) Michael and Lisa Kirsic

lack Kiser

Sharon Knight Bonnie Ko

Alexander Kocinsky Mylan V. Kohler, D.O. Judith Konieczka

Alexia Konko
Ahnna Konrad
Olivia Korv

Marilyn Kosiak

Jackson Koutsos's little brother

and friend Kelsey Kowalski Bailey Kozbiel Kwaku S. Kpeli Chad Kraus

Howard and Shelley Kristol Todd and Sharon Kristol

Andrew Kroepel Nicole K. Kruger Sarah Krull Amy Kuang Lorin Kusmin

Kyler Rebecca Laffar-Smith Natalie Lagnese Natalie Lagnese Caroline Laicer The Laitman Family Laura LaJudice Richard A. Lambert, Jr. Sarah Lambert

Lacey Lampe Becky Lane Rebecca "Becky" Lane MIchael J. Langley Bill Langran

Alyse Lanier

Amanda Laprarie Zeus Laser Nora Lashner Madeline Lathrop Paul T. Laun Jennifer Lawan Meredith Lawrence Mandy Laws-Smeltzer

Deb Lawson-Pascua
The Leary Family
Alli Leba
Chance LeBoeuf
Cheeyoon Lee
Juliana Lee
Strick Lee
Vanessa Lee
Sheli Lee-Fierstine
Chip Leffelman
lessie Leffelman

Kirby Lehman Marvin and Carole Leichtung

John Leitelt Liz Leitman Bryan Levan Kylin A. Levy

Johnny Leftwich

Sarah Lewin and Matthew Shear

Henry Lewis Katie Lewis Amy Libby Samuel A. Lieber and Mary E. Rubin

Stephen A. Lieber The Lieber Family

The Liebermans: Andrea, Brandon,

Eric and Jonathan Joseph and Thelda Liebreich

Kara Lilliestierna Jess Lindberg Angela Jean Lindner Alex Linskens Lisa

Jesse Listernick
Tara L'Italien
Jessica Littreal
Mike Litvack
Lizen Liu
Julianna Lizzul
Haylee Lofgren
Natalie Loftus
Amanda Logan-Pert
Jennie Lombardino
Dan Londono

Kimberly Long
Kathryn Longenbach
Caroline Lore
Nicholas Lorenzo
Farzon Lotfi
Louis's 26th Birthday
Denise Louise

Cortney Louk Amanda Love

Leianna Mae Lovegood

Alan Lowry

Margo Ludmer and all of her

generous friends
Lily Ludwig
Marilynn Lundy
Toni Lynn
Kandiss Lynne
Emma Lyon
Rebecca Lyons
Serena Lyou
Daniel Maahs
Timothy Macchi
Anne S. MacDonald
Annie Macdonald
P.J. MacGregor

Maci Beth Mackay

Karina Machado

Sara MacKimmie-Tomlin Robert and Elissa MacLean

Rachel Macris Dana V. Maggi Najah Magloire

Aaranee and Akash Maitra

Jarod Majeika Chris Maka Aaron Malcolm Jack and Marcia Malemed

Mike Malinowski Addison Malinski Camelia Malkami

Carole and Harvey Mallement

Madeline Maloney
Miriam Maloney
Milton and Tamar Maltz
Jules Manchester
Paula Mangor
Sarah Mannes
Samantha Manno
Eva Manolis
Sarah Manuel

Thomas and Elizabeth Manuel

Nick Maratos Lorna Marcotte Maria Amy Marie Brianna Marie

Nic Mar

Birthday of Cricket Marie's friend

Eva Marie
Heather Marie
Katelin Marie
Lindsey Marie
Sandra Marine
Debra Jean Markarian
Morgan Markle
Jocelyn Marks
Madeline Marshall
Maria Marshall
Niki Marshall
Samantha Marshall
James W. Marsters
Jake Martin
Zachary Martin

Justin Maskulinski
Brandon Massa
Candy Masson
Sarah Massong
Adora Mast
Steven Mathews
Louis Matta
Grace Mattes
Jens Mattuschka
Mason Steuart Maulsby
The Maybank Family

Helene Mayer

MAS, Jr.

Rachel Mayer-van Aswegen and Christiaan van Aswegen

Donnie Lee Mcabee Tina McAteer Megan McBride Allan T. McCall Sean P. McClain Alex McClanahan Madison McCloud Brooke Lyn McCulley
Marie McCulloch
Jessica McCullough
Kyler McGehee
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Lexie McGinniss
Lillian McGinty
John McGuire
Michael McInerney
Makyla McKean
Kathleen McKenna
Tanner McKinney

Cara McKinney-Broadbelt Molly McLeod

Virginia McLeod Chris McMahon Joseph McMahon III Alyson McNutt-English Tabetha Mcree Kaela McReynolds

Olivia Meaders Alex Measday Vivian Mechaber Punit Mehndiratta Nick Melber Philip S. Mengel

Abby and Logan Mensch Alfonso Mercado Rebecca Merriam

Ingrid Mesa-Gibbons's son, Tomas

Ingrid Mesa-Gibbons
Ingrid Mesa-Gibbons
Elon J. Mesholam
Erik Messinger
Izaki Metropoulos
Moreschi Michael
Suzanne Michaud
Lauren M. Michel

Ruth Michelich Sallie Middleton-Parker Andrea J. Miehlisch Mei-Mei Mijares Rachel M. Mikofsky Erin L. Miler

John and Melissa Milhaven

milkwebs Jeremy Miller Jessica Miller Kelly Miller Tamara Miller Tammy Miller Tania Milliken Christopher Mills

Tina Minaya Sabrina Minerva-Sanchez Barbara A Minton, Ph D

Evan Miracle Ashley Mitchell Joanne Mitrenga

Stephanie Mittelstadt-Ghostkeeper

Jimmy Mixon Robin Mohilner Graham Molinaro Sarah L. Molloy Elizabeth Montgomery

Elizabeth Montgomery Alina Moore Allison Moore Matthew Moore Ireland B. Moore Erin Morelli Ronnie Morgan Monica Morgendorffer

Elizabeth S. Morningstar Ashleigh Morris

Ashleigh Morris

Grant and Sarah Morrison
Timothy Morrison
Brittany Morrow-Pike
Hannah Morse
Melissa Mortensen
Craig Moskowitz
Leslie Mueller
Jacquie Rose Mullen
Marjorie Muller
Josephine K. Mullins
Chelsea Mundy
Patrick T. Murphy

Heather Mushock's brother, Paul

Georgian T. Mustata Chris Nachman Taylor Nafziger Grace Nagaur Katherine Naiburg Deepak Nair Crys Ann Najar

Steven Murray

The Nance-Kolarik Newlyweds

Hira Naqvi
Amiti Nastasia
Nataline
Ilana Neenan
Marley Negus
Jessica Neill
John Nelson
Liz C. Nelson

Jeffrey S. Nelson's friend, Marie Steven Nemcek and Nelya Lugovskaya

Christopher Nemes
Jeremy Neuman
Neuroscientists
Eric Newman
Lucy Newton

Cindy Newton-Chapman

Jennifer Ngo Monica Nguyen Will Nguyen Nat Nichols Sydney Nichols

Patricia A. Nicholson's son, Brady

Sydney Nicholson

Sunny Nicholson-Pinson Nick and Farinda Christy Nicole Heather Nicole Iamie Nicole Melis Nicole Taylor Nicole Ciyanna Nielsen Georges and Patricia Nihon Mary Niles

Rachael Noel Rayna Noel Kristen Noelle Colleen Noonan John C. Norcross Ashley Norman Hillary Norman Cain M. Norris Jenna Nosal Chi Nouk Emily Novikov Jess Nu

Nan Obaldo-Jacinto Ash Obi Billy O'Brien Kenneth O'Brien Rob O'Brien Arron N. O'Callaghan and

Sean D.O. Smith Ayla O'Day

Debra A. Ohlson Cristina A. Ohr's granddaughter

Melyssa Okazaki Ioshua D. Okun Mimi Olavarrieta Isabelle Hana Oleszko Lindsav Oliver Aaron Olivo Karen Olsen-Frev

The Olson / Beyer Families

Arlie Opal Nieves A. Ortiz

Callie Olson

Deborah Osborne's daughter-in-law

Iohn Osinski Phoebe Osman Gina Osmun-Would Amber Osterhout Ashlev Otero

Kristen Ott-St. Laurent

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Brittany Packard Emily Page Nerissa Paige Rosie Palarchio

Saee Paliwal and Tyler Neill Timothy Pallanti

Taylor Palmer Lisa A. Pan, M.D. Liz Pandya Allie Pangborn Sue Paolella Jane Papageorge Arthur Paquier Beth Paradisin Dr. Herbert Pardes

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Ben Pierce and Lilly Lavner Meagan Pilawski Flynn Pippo-Bohwim

Phil Piscitelli Jeffrey R. Pitcairn Lauren Pitre Carolyn A. Plumer Christina Pollett Ian Pomerantz

Patricia Porter

Meera A. Popkin-Tarack Jeremy Portelá-Peschard Diane Potesta-Peduto **Dimitrios Potsos** 

Amanda Povirk Caroline Powell **leff Powers** Paul Pozniak

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Rachel Marie Puanani-Galindo

Tristan A. Pulley Susan Punches Jonathan Purowitz Makayla Putman Q2 2018

Dr. Jacqueline Quezada Benjamin Quinn Steve Raccagni Alexander Rackohn Hassan Rahim Alisha Rai

Ryan Raichelson Catherine Raine Alexus Raine M. Bagel Ramakrishnan III Norah Ramsden Perry Randall Len Randol

Melissa Rankin Vani Rao Carrie Rasmussen Anthony Rauhut Chris Ravetto Hillary Ray Landry Ray Jennifer Reed Amy Reeves

Melvin Reeves Isiah Regacho Vas Normandy

Ien Reichle Harry Reid David A. Reilly Rosemarie Reilly Tara Reinertson Matt Reller Madison Remer Martin Ren Taylor Renee Lauren Repoli

Genevieve Marie Restivo-Maida

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lamie Ricks Luna Riley Milan Rios Michelle Risse

Heather Ritsko-Loughman

RN Min J. Ro Maggie Robbins Tania Roberts **Aubrey Robertson** Helena Marie Robertson Andy and Emily Robinson

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Michael Rose Vicky Rosen John Ross Linda Rossi The Rossi Ramily Brynda S. Roth Faith Rothblatt Kayla Rothe Sage Rubeo Gregg Rubin

Judson Lee Rudgers Miguel Antonio Ruiz Ann Rully

Tarah Elizabeth Rupp

Kelly Russell lan Russo Karli Rutledge J.J. Rutten Ben Rutz Andy Ryan Destiny Ryan Katie Ryan Enri Salermo Mary C. Salpukas Anthony Sanchez

Krissi Sandvik Jennifer Sanford-McCurdy

Devon Sanner Juliana Sanrame Belen Santana-Pineda Matthew and Janene Sarabura

Berrak Sarikaya

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Malia Schaefer Matthew Schaffer Tyler Schanuth Sheila Scharfman **Brittany Scherer** Carol Schilling Jacqueline Schings Ginny Schlegel Jonathan Schoen

Edward I. Schoenecker's family

and friends

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Samantha Schrock Ilianna Schultz Jane Schulze Roger Schwarz Karris Scott Rvan Scott Samantha Scott Anita Scripter I. Scubby Rashina Seabury Kevin Sealy

Vincent Segawa Zachary Segawa Neha Sehgal Oh Se-Hun Theresa Selvaggio

Stefania Secreto

Laurie Seeds

Donika Seferi

Christina Selvaggio-Reeser

Jessica Sendef

Sera Fallon Serafin Tanya Seredin Renae Sesack The Sevick Family Saba Shabdiz

Ierika Shadomy-Spencer

Nancy J. Shaffer Malay Shah Kim Shay Taylor Shea Tara Shea-Sledge Aaron Sheafor

Jocelyn Jocey Sheff-Silver David Sheldon

Xiuli Shen

The members of the Shenandoah Clubhouse Valley Community

Services Board Margot Shenton Sarah Shinn Kat Shinoda Melissa Shiprek

Ships Have Sailed (Will & Art)

Kimberly Shirk Alex Shiue William C. Shiver

Leah Shore's 2012 "Old Man"

documentary film Blake Shugarman Annemarie Sias Lilian Sicular Hafsa Siddika-Imam Ashley Sieg

Renee Siegel-Rothwell Sydnie Alexis Siegler

Ashton Silva Jinny Silver

Dr. and Mrs. Mark Silver

Alexis Silvestro Marcia Simon-Kaplan

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Richard and Sue Smith

Shane Smith Shannon Smith Debra Smith-Ricchio Taylor Smithson Mary Kate Smyser Shianne Sneider Kathryn A. Snow, LCSW Shannon R. Snyder

Tim Snyder Ash Sofaer-Morse Toni Sofia Caitlyn Solem Stephanie Sommers Kelly James Sonnier Alecia Soyk-Manning Mike Soyka

Alan Spandorf Carla Spellman Michael Spinell Mary St. Laurent Michael St. Thomas Zakary Stahlsmith Steve Stander Julie Stankiewicz

Hazel and David Stanley Lisa Stanley David and Donna Steadman Ruby Stearns

Alan L. Steinberg, M.D. Heather Stenberg Andrew Stephens Jacob Stephens Ranjana Sterling

lennifer Steese

Jacqueline Stern-Bellowe Mason Steuart Maulsby Dr. Catherine Stevenson Autumn Stewart

Brent Stewart's daughter, Laura

Katie Stewart
Rebecca Stewart
Drue Stinnett
Dr. Desanka Stipic
Trevor-Stolarz-Bauer
Augusta Stone

Allison Stone-Slutsky Robin Storie Christine Stover

Emma Straus
Jess Strazzere-Hubis
Lucille A. Streim
Klaira Strickland
Ben Stubbington

Ben Stubbington Joy Stukel Lori Sturdevant Jan Stypka Savannah Suarez Amna Sultan Michael Summers Erik Sutter

Andrew Šveikauskas
Carley Sweeney
Evie Sweeney-Naranjo
Sara Sweetbaum-Treiber
Rachel Switlick

Mohammad Tabib
Dalton Tadeu-Mourao
Nick Talisman
Peter J. Tarr, Ph.D.
Caryn Tate
Kesha Tatro
Michael Tavarone

Megan Taylor Victoria Taytro TC

Ali Tesh

Brendan Teevan's Grammy

Julohn Teixeira Marian Templeton Gracelynn Tenaglia Ronald Tep Jackie Terry Matthew Terry Scott L. Thaler

Gwen Thien

In honor of the sweet, sweet boys and girls in chat room (turbosnack) Samwise The Brave

Samwise The Brave Kendrick Thehighlander Alex Thiel

James C. Thies
Melissa Thill
Amy Thomas
Rebecca Thomas
Sarah Thomas
Alicia K. Thomasson
Danny Thompson
Elizabeth Thompson
Gracie Thompson
Megan Thompson
Ronald Thornton

Those who never give up!
Those who suffer from brain illnesses.

Those whom have earned it!

Anisa R. Threlkeld Angela-Marie Tiberi

Tina

Warren Tioxon
Lauren Tobin

Lauren Tobin
Bosworth M. Todd, Jr.
Barbara Toll
Alexandra Tomko
Kirsten Tomlin
Kathee Tomlinson
Isabella Ton's Mom
Emma Townsend
Kaylin Townsend
Howard Trachtman
Gracie Tracy

Gracie Tracy
Erin Trahan
Eileen Trainor
Marcin Treder
Benjamin Treuhaft
Alida Trevino
Madeline Triolo
Kacie Tripp
Nhi Truong
Ya-Ju Tsai

Matt Tucker
Paula Tudorof's brother
Raymond Turco
Lynn Turner
V. Turner
Paige Tusieseina
Stephanie Twardak
Jenna Ucbo
Adi Uchendu

Hydee Umali-Abarintos Universal Love Susan E. Unvarsky Martin Ureel Iulia Vădeanu Logan Vagan

Kahan Vaidya Isabelle Valdez Anne Vallet-Addison Dr. Peggy van Raalte and

Dr. Peggy van Raalte Mr. Barry Abbott Jessika Vance-Martin Joanna Vandyke Brenda Van Horn Moira Vasquez Julia Vassallo

Christiana Vastardis Robert-Harold Vaughan Ronald E. Veiders Courtney Ventry Brandon Verde Emily Vergo Deandra Vetter

Natalie Vetter-Vessels
Davide Vicari
Ben Vickers
Izabella Victores
Jennifer Victores
Meg Vidler
Maddie Vidman
Manny Villarreal
Andres Villasmil
Lauren Vinae
Steven Vinton
Jorge Viramontes

James M. Visalli Amanda Voelker William Vogtritter Michael Vollmar, M.D. Alysa Volpe

The von Boeselagers: Erich, Kurt and Marti

Johnny W.
Kevin W.
Richard L. Wagar
Katherine Wagner
Katie Wagner
Wren Wagner
Katerina Wahl
Richard E. Wahlfeldt
Brett Walker
Courtney Walker
Tara Walker
Sharyn Walkin
Malia Rose Wallace
Barbara Wallers

Izzy Walters
Paige Waltman
Wilson Walz
Carmen Wang
Joice Wang
Willow Warbler, LV
Maci Ward

Sherry Warren

Bob and Regina Waterhouse

Maegan Watson Marissa Watson Nick Watson

Rhiannon Alexa Watters

Kevin Weber Blake Webster

Alex and Emily Weckiewicz James William Francis Wedgewood

Rachel Weeks

Stephen Weet-Larcovic Sharon Weinberg Tom Weis

Robert and Frances Weisman Myrna M. Weissman, Ph.D. and James C. Frauenthal, Ph.D.

The Wells Family Mel Welsh

Brandalyn Marie Wenzel

July Werner
Elizabeth Werth
Allie West
Nathan Westcott
Rochelle Westerhaus
Sharon Whaley
Matt Wheeler
Jesse Ray Whipple
The White Families (2)
Sydney White

The Whitney Newlyweds

Jeff Wichman Brian Wicks Jonathon Widener Karen Widmer Shelby Wiedrich Acie and Jean Wiggins

John Wiggins Kevin Wiggins Jerrod Wikle Christine Wiley Jaclyn Wilfong Jessi Wilkerson Laurie Wilks

Christian Willenbacher Alex Williams

Angel Williams
Calvin Williams
Dr. Nancy Williams
Sam Williams
Shawn B. Williams
LaurieWilliams-Wheeler
Martin S. Willick, M.D.
Amanda Willis

Martin S. Willick, M.D Amanda Willis Kassie Willis Faye Wilson Janelle Malta Wilson Kevin Wilson Morgan Wilson Sara Catherine Wilson

Jeff Winchell Max Winne Kara Winter Sage Winter-McGinley

Caity Wintergrass
Janine Winters
Sigrid Wise
Connie L. Wiseman
Megan Wiseman
Christina Wittmeier
Denessa Woisin
Bonnie Wolf
Marsha Wong
Jessica Wood

The Woodward Family Tim Wright The Wright Family Szuhsuan Wu Tiffany Wu

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Xenmate
XxX\_\_\_R4n33mxXX
Mike Yamanaka
Kelli Yapp
Julie Yeko
Judi Yonai
Lana Yoon
Wes York

Karen You
Ms. Youn
Coleman Young
Josh Young
Marcus Young
Michael Young
Claire Youngquist

Yuri

Asghar Zaida Julie Zaiontz Ethan H. Zambrano Jamie Zarza-Thomas

Tyler Zboran Dana Zea Alex Zeigler Don Zeigler Aaron J. Zemel Antonia Mila Zen

Renee S. Zenker's Son and his recovery

Sherry Zeshonski Jinyan Zhan Tina O. Zhu Maggie Zimmerlin Nicholas F. Zolman Mike Zoric

Mike Zoric David Zuckerman **Memorial Tributes** 

10 Lives Lost at Santa Fe High School Honoring the memory of the

17 victims in Florida

A loved one

Richard "Hil" Hilstad Lee Abbott

John "Jed" B. Abrams Marc D. Abrams Michael Adams Phillip "Phil" M. Adams Randall E.J. Adams

Elizabeth "Biz" Adams-Addorio

Cecilia Adamski Jean M. Ahern

AJD

Logan Albers Nicholas R. Albers

All the young lives lost due to bullying

and peer pressure.

Connor Allard
Sharon Allen
Janice M. Allison
Judith Allison
Vincent S. Ameros

Vincent S. Amoroso, Jr. Andy Anderson Louis M. Anderson, Jr. Mark H. Anderson Philip "Phil" D. Anderson Silas E. Anderson, Jr. Susan "Sue" K. Anderson

Carl C. Angell Christina E. Angelo

Annie

Charles "Chuck" Theodore Apt. Ir.

Marisa Arango Annie B. Armstrong

Anthony "Tony" P. Arsneault

Estelle Arvey
Susan Assisi
Melvin Asterken
Bahman Atefi, Ph.D.
Jeri A. Austin
Lindsay Aversano
Christopher J. Awn
John J. Awn, Jr.

Julius Axelrod, Ph.D. David L. Ayers Arthur Aylem James "Jim" M. Bachner Grant Backerman

William "Liam" P. Badalamenti

Jacqueline Badgett Jimmy Bailey Gregory T. Bak Nicholas Baker Anna Balek Scott Balgemann

Gretta Ballew-Davidow's mother

Robert P. Banghart

Cynthia L. Barazowski-Kassel Robert "Rob" J. Barlow **Brent Barnes** Gabe Barrick Allie Barrow Dana Barthle Scott R. Bartlett Judith A. Baskin Brian A. Bass Ronald C. Bates Don Bauermeister Pauline A. Baumgartner

Samuel C Banks

Hv Bear

Ann Beckett-Herring Iordan P. Bedard Dr. William Beedles John Bejarano Bryton Bell Beloved Moss Brian J. Bengston Rev. Richard Benken W. Brent Bennett

John B. Bayliss, Ph.D.

Chester C. Bennington (Linkin Park)

Tim Bergling (AVICII) Karen M. Bergstrom Janet L. Bernard Rafael Berrios, M.D.

Katherine Berry's friend, Sarah

Geraldine M. Bertani

Jerry Bets Lyndell Betzner Brian A. Bezonsky Kevin M. Bezonsky Deepak Bhasin Jack Bigelow Stephen J. Binder

Edward "Ned" S. Bisshopp

Dr. Morton Black Andrew Blackton

Michael "Mike" R Blanton Heather A. Bleick

Blip

Alan W. Block

Miriam "Mimi" Brooka Blumenfeld

Albert Bock Fllen Bockhaus Charles F. Bodden, Sr.

Kirk Boise Wesley J. Bollinger Kelvin Boney David W. Borks Timothy Botbyl Anthony Bourdain Justin E. Boykin Emily Boyle

Eric Brady

Ioseph Bralecchitta Kay L. Brandenburg Kari Beth Brandon

Walter A. Brantlev Angela Brayer-Wilson Christopher D. Brehl Sean Brenchley

David Breuer Mary J. Brewin Scott Brill

Armando Brock Catherine Brody John W. Brooke

Kelsey R. Brouillette Frieda R. Brown Kent H Brown II Adam D. Bruckner

Grant "Toby" H. Brundage III

Irving "Irv" Buitrago Walter W. Bundschuh Peter R. Bunning Michael J. Burk Colleen M. Burke Marshall Burleson Bernadette R. Burns Charles "Chase" A. Burns

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Therese A. Christian Tahkota T. Christiansen Martha M. Christison

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CL

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Little David

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**Emmett Desroches** 

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Fuad Faiz

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Catherine Finn Roberta Fisher Ruth Fishman Douglas N. Flesch Raymond J. Flood, Jr. Trocar Flook losh R. Fonner lessica A. Forbes Joanne Foulk Austin B. Frazier

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Brian Thomesen

Camilla "Cammie" L. Thompson

Geoffrey Thompson

The lives lost at the Bordeline Bar and Grill in Thousand Oaks (11/8/2018)

Nicholas Tindall Claire L. Tobin Dr. Richard D. Todd Gordon Tomalty

Kathee Tomlinson's love one
Kolton Tomlinson
Rosemary F. Torgesen
Juan G. Torres
Edgar R. Tostevin
James Towers
Leanne Townsend
David L. Trachtman, LCSW
Dr. Eugene Trachtman
Daniel B. Travis

Raymond M. Triebold Camryn "Cam" C. Tripp Richard Trommer Paul A. Truman

Alexandros Tsaoussis-Maddock

Rachel Tso Amanda Tucci

Donald Trybula

Kimberly Turner-Wilhelm

Tvle

David M. Unger Joey Upchurch Chan S. Valentine Ryan van der Most

Police Sergeant Alexander Vazquez

Lola Mae Verdun Emily Vergo's brother

John M. Vergo Helen G. Verrey Allen E. Vincent Keith A. Vinskofski Gregory Von Burg Paul Von Burg Ken Vorisek Bruce K. Waite Robert Wallace Don Walsh

Christina Walters's friend

Jeremy Walters
Elaine Wane
Howard N. Wane
Justin Z. Wang
Edith Ward
Michael F. Ward
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Merle Watson
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Norman Wegweiser
Daniel Weig
Irving Weinflash
Nathan Weinflash

Susie Weinflash Jacob Weitzman James C. Welbourne

Ann Welch

Ben and Laura Welch's daughter James C. Welch Mark P. Wendling Thomas J. Wendt Jennifer N. Wenz Susan L. Wessman Allie West's friend

Susan L. Wessman
Allie West's friend
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Timothy L. Whitmer
Eamonn D. Wholley
Dr. James Wicoff
John A. Wiederkehr II
Michael G. Wieman
Bobbye C. Wiggins
Ruby N. Wiggins
Ronna D. Wilbert
Aaron Wilcox

Henry "Hank" M. Wile Brekhus A. Williams Robin Williams

Laurie Williams-Wheeler's son

Katelyn A. Willmonton

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Alan H. Woodard

Andrew Wyberaned Todd Yancey Ji Lei Yang Michael Yelenosky Charlotte Young Josh Young Susan M. Zach Neal Zafran

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contemporary non-profit organization run by true mental health professionals. Their commitment to donating 100% of funds to game-changing research, coupled with their approachable and altruistic team made them the ideal partner for a brand like Gravity. " Mike Grillo

CEO, Gravity Products

# **Getting the Word Out**

# Connecting on Social Media

The Brain & Behavior Research Foundation maintains a strong social media presence in order to communicate and engage with all of our constituents and group members.

f) 365K+ **FACEBOOK LIKES** 





400+

**YOUTUBE VIDEOS** 418K+ VIDEO VIEWS

2.8M+ MINUTES WATCHED



# **BBRF Website**

- 1.6M PAGES VIEWED • 745K UNIQUE VISITORS
- 500K+ VISITORS BROWSED **RESEARCH ARTICLES**

# **Brain & Behavior Research Foundation** In the News

#### April 2018

#### **BRIT & CO**

'Mariah Carey's Bipolar Disclosure Sheds Light on a Misunderstood Mental Illness'

#### June 2018

#### TODAY.COM

'Anthony Bourdain's Suicide Puts Spotlight on Men's Mental Health'

'6 Symptoms of Depression You Should Never Ignore'

#### **HEALTH DAY**

'Women More Prone to Anxiety Than Men, Review Finds'

THE NEW YORKER 'Anthony Bourdain, Kate Spade, and the

#### July 2018

October 2018

#### **INSIDE PHILANTHROPY** 'Focused and Strategic: How a Family Tapped

**BRAIN WORLD MAGAZINE** 

Interview with Dr. Jeffrey Borenstein

Preventable Tragedies of Suicide'

Wall Street Wealth for Impact on Mental Health'

#### BBRF MULTIMEDIA PROGRAMMING



In addition to supporting research, we believe it is crucial to share research findings with the public. Two ways that we work to educate the general public are through our television series, Healthy Minds with Dr. Jeffrey Borenstein and our Meet the Scientist monthly webinar series.

Healthy Minds, now in its fifth season, aims to remove the stigma of mental illness and demonstrate that with help, there is hope.

The series, nominated for a 2018 Emmy® Award for best Public/Current/Community Affairs: Series, shows common psychiatric conditions through inspiring personal stories, as well as, experts sharing cutting-edge information, including new approaches and next-generation therapies in diagnostics, treatment and research. Season 5 examined some of the most pressing public health issues including the opioid epidemic, traumatic brain injuries and concussions, and the rising rate of anxiety and other mental health issues affecting our youth. Episodes include:

- Youth and Mental Wellness: Lady Gaga's **Born This Way Foundation**
- New Treatments for Youth Anxiety (Part 1)
- New Treatments for Youth Anxiety (Part 2)
- Opioid Epidemic: What Every Family Needs To Know
- Concussion: How To Protect Your Brain
- · Living with Bipolar Disorder
- Schizophrenia: New Approaches to Recovery
- · Obsessive-Compulsive Disorder

- Technology and Mental Health
- Post-Partum Depression
- Research and Evidence Based Treatment
- Youth and Mental Health Early Intervention
- Refractory Depression
- Managing Stress
- Brain Science and Art Season 5 is available for viewing on the BBRF website. bbrf.org/healthyminds

#### Meet the Scientist | Webinar Series

Dr. Jeffrey Borenstein hosts the free monthly Meet the Scientist webinar series where leading brain and behavior researchers discuss their current work on the latest in new technologies, early intervention strategies and next-generation therapies for mental illness. Each hour-long monthly webinar includes time for researchers to answer questions posed by members of the online audience.

lanuary 9, 2018

The Social Brain in Anorexia Nervosa Carrie J. McAdams, M.D., Ph.D.

February 13, 2018

**Psychotic Disorders: Current Concepts and Therapeutics** William T. Carpenter, Jr., M.D.

March 13, 2018

**Quantifying Difficulties in Social Interaction in Borderline Personality Disorder** Sarah Kathryn Fineberg, M.D., Ph.D.

April 10, 2018

What's New with TMS for Depression and Other Brain Diseases Mark S. George, M.D.

May 8, 2018

**Genomics Across Diagnostic Boundaries** to Improve Precision Medicine in **Psvchiatry** 

Stephan Ripke, M.D., Ph.D.

lune 12, 2018

**Ketamine: Why Now? How?** Where Do We Go from Here? John H. Krystal, M.D.

July 10, 2018

Rare Misspellings of the Genome, **Dopamine Mishandling, and ADHD** Randy D. Blakely, Ph.D.

August 14, 2018

Lifting the Veil on Neurons that Assign Good or Bad Associations to our Environment Kay M. Tye, Ph.D.

September 18, 2018

**Bright Light Therapy for Mood Disorders** including Bipolar Depression Dorothy K.Y. Sit, M.D.

October 9, 2018

**Nicotine Receptors in the Brain: Implications for Addiction and Depression** Marina R. Picciotto, Ph.D.

November 13, 2018

Pathways to New Treatments in **Autism Spectrum Disorder** 

Jeremy M. Veenstra-VanderWeele, M.D.

December 4, 2018,

**Neuroimaging Inflammation in Clinical Depression and Obsessive Compulsive Disorder** Jeffrey Meyer, M.D., Ph.D.

2018 webinar episodes are available for viewing on the BBRF website. bbrf.org/webinar



"Marla and I donate to the Brain & Behavior Research Foundation in support of science and the hope of finding better treatments for mental illness.

Better treatments came too late for my brother, Stewart, who lost his battle with schizophrenia, and too late for my father, Ken, who suffered from depression. But we believe that with ongoing research, it will not be too late for millions of other people thanks to BBRF. We know this because we have seen the scientific breakthroughs and results that have come from funding scientists. Marla and I are dedicated to helping people who live with mental illness and doing what we can to be a part of the solution by our continued giving to BBRF.'

—Ken Harrison, Board Member

To learn more, please contact us at 646-681-4889 or plannedgiving@bbrfoundation.org.

# 2018 Financial Summary\*

## **Combined Statement of Financial Position**

ASSETS		DECEMBER 31, 2018
Cash and cash equivalents		\$5,850,675
Investments, at fair value		14,957,266
Contributions receivable		708,183
Pledges receivable, current portion		2,010,000
Prepaid expenses and other assets		89,123
	<b>Total Current Assets</b>	23,615,247
Assets held in charitable remainder trusts		1,287,823
Fixed assets, net		38,546
Pledges receivable, net-less current portion		3,817,651
Security deposits		262
	Total Assets	\$28,759,529

\$60,63
19,863,77
102,09
680,51
181,61
ities 20,888,63
2,957,39
4,913,50
ssets 7,870,89
ities and Net Assets \$28,759,52

<sup>\*</sup> The Foundation's complete audited financial statements are available on our website.

## **Combined Statement of Activities**

		YEAR ENDED
		DECEMBER 31, 2018
SUPPORT AND REVENUE		
Contributions		\$15,556,817
Special events, net		381,244
Contribution of services		1,908,417
Bequests		2,330,941
Net realized and unrealized losses on investments		(450,793)
Net depreciation of assets held in charitable remainder trusts		(178,707)
Dividend and interest income		280,034
	<b>Total Support and Revenue</b>	19,827,953

	14,052,583
	1,986,729
	2,530,355
<b>Total Program Services</b>	18,569,667
	908,528
	1,758,414
<b>Total Supporting Services</b>	2,666,942
<b>Total Expenses</b>	21,236,609
	(1,408,656)
	9,279,551
Net Assets, end of year	\$7,870,895
	Total Supporting Services Total Expenses

<sup>\*\*</sup> All fundraising and administration expenses are funded by specially designated grants.



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#### **RESEARCH FOR RECOVERY**



For more than 30 years the Brain & Behavior Research Foundation has fostered new research pathways and transformative breakthroughs.

60k+
donors

Our 60,000 donors have joined together in the great challenge of modern medical science — overcoming mental illness. \$394M awarded

Since 1987 the Foundation has awarded more than \$394 million to fund more than 5,700 grants.



Grants have been given to more than 4,700 leading scientists around the world.

100% OF EVERY DOLLAR DONATED FOR RESEARCH GOES TO RESEARCH



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