

# THE PARDES HUMANITARIAN PRIZE IN MENTAL HEALTH

The Brain & Behavior Research Foundation (BBRF), the world's leading private funder of mental health research grants, is committed to alleviating the suffering caused by mental illness by awarding grants that will lead to advances and breakthroughs in scientific research. BBRF awards research grants to develop improved treatments, cures, and methods of prevention for mental illness.

Since 1987, BBRF has awarded more than \$450 million to more than 5,400 scientists around the world.

**100% of every dollar donated for research is invested in our research grants.** Our operating expenses are covered by separate foundation grants.





Dr. Herbert Pardes



Rendering of The Pardes Humanitarian Prize medal featuring Hygieia, Goddess of Health.

Bestowed annually since 2014, the Pardes Prize is named in honor of Dr. Herbert Pardes, the first recipient of the award. The Prize recognizes a person(s) or organization whose humanitarian work is transformative and of great magnitude, changing lives and bringing the joy of living to those facing challenges to mental health. It was established to honor those who comprehensively care, teach, investigate, work, and passionately advocate for improving the mental health of society and have had a powerful impact on reducing the pain inflicted by psychiatric illness.

The recipient of the Pardes Humanitarian Prize in Mental Health is chosen by a distinguished international Selection Committee from nominations solicited worldwide. The Prize focuses public attention on the burden of mental illness on individuals and on society, and the urgent need to expand and enhance mental health services in the United States and globally.

# PREVIOUS PARDES HUMANITARIAN PRIZE IN MENTAL HEALTH WINNERS

## 2023 Special Olympics International

Special Olympics International is a leading advocate for the inclusion of people with disabilities and a powerful force in efforts to reduce stigma and raise awareness about the mental health needs of individuals with intellectual disabilities.

## 2022 Altha J. Stewart, M.D.

Dr. Stewart has devoted her career to helping the most disadvantaged and underserved people in our society who are living with serious mental illnesses. She is a pioneering voice in America about structural racism and its impact on mental health treatment for people of color.

## Robert Van Voren, FRCPSYCH

Dr. Van Voren has dedicated his life to the cause of human rights and mental health, most recently in Ukraine and neighboring countries where he has organized services for people impacted by the war and provided essential medicines and supplies to institutions housing people with mental disorders.

## 2021 Kay Redfield Jamison, Ph.D.

Dr. Kay Jamison, a clinical psychologist, writer, and professor at Johns Hopkins University, serves as an inspiration to countless people living with bipolar disorder, and has helped transform how society sees those living with mental illness. Dr. Jamison has made a profound contribution to mental health awareness through her autobiography, "An Unquiet Mind," detailing her own struggles.

## Elyn R. Saks, J.D., Ph.D.

Dr. Elyn Saks's pioneering contributions to our understanding of mental illness are seen through her work as a legal advocate for the mentally ill, a volunteer at a psychiatric hospital, a therapist, an educator, and as an author. Her best-selling book, "The Center Cannot Hold: My Journey Through Madness," in which she provides a first-person account of her transition into psychosis and a lifetime spent as a person living with schizophrenia, has helped to transform our thinking about mental illness.

## Charlene Sunkel

Charlene Sunkel is the Founder and CEO of the Global Mental Health Peer Network, the first group of its kind in the world that promotes and supports the empowerment of people who live with mental health problems. Ms. Sunkel herself has the experience of living with schizophrenia and is a great leader not only in her country of South Africa, but also around the world.

## 2020 Sir Michael Rutter, CBE

Professor Sir Michael Rutter was trained in general medicine, neurology and pediatrics before specializing in psychiatry. He is recognized as contributing to the establishment of child psychiatry as a medical and biopsychosocial specialty with a strong scientific base. In 1994, he established the Social, Genetic and Developmental Psychiatry Unit at the Institute of Psychiatry.

## Myrna Weissman, Ph.D.

Dr. Myrna Weissman's research career, mostly as an epidemiologist, has focused on studying depression in families, seeking ways to break the cycle of transmission across generations and to develop better understanding of the mechanisms underlying transmission. Her current research is on understanding the long-term risks of mood and anxiety disorders in individuals and transmitted to families, using methods of epidemiology, genetics, and neuroimaging. She developed Interpersonal Psychotherapy (IPT) with Gerald Klerman, M.D., and has since simplified and implemented it for health workers around the world.

## 2019 William T. Carpenter, Jr., M.D.

Dr. William Carpenter has been a transformative force in psychiatry for over 40 years, dramatically changing how we treat schizophrenia, reducing stigma, and enhancing the ethics of

treatment and research. He is a luminary in the field whose vision, scientific productivity and tireless advocacy for resources for psychiatric research have improved the lives of countless individuals and families.

## 2018 Judge Steven Leifman

Judge Steven Leifman is a national leader in solving the complex and costly problem of people with untreated mental illnesses involved in the criminal justice system. He has been a passionate leader and unwavering agent of change in the shift away from the devastating and unproductive incarceration of people with mental illness. He has shown us how to use our resources to reverse the costly prison recidivism that strips people of their dignity and threatens public safety. Judge Leifman is an extraordinary humanitarian, innovator, and transformative figure whose steadfast advocacy is changing the lives of people with mental illness and their families, and impacting our larger society.

## 2017 Doctors Without Borders/Médecins Sans Frontières

Doctors Without Borders/Médecins Sans Frontières (MSF) provides emergency medical aid in response to armed conflicts, natural disasters, famines, and epidemics. MSF doctors and nurses are often seen treating physical ailments: bandaging the war-wounded, rehydrating a cholera patient, or performing an emergency cesarean section. But for more than 20 years, MSF has also been providing vital psychiatric and psychological care to people ravaged by man-made or natural disaster. The organization currently has mental health-related programs in 41 countries across five continents treating adults and children.

## 2016 Vikram Patel, Ph.D., F.Med.Sci.

Recognized by *Time* magazine in 2015 as one of the 100 Most Influential People in the world, Dr. Patel addresses the stunning void of mental health care in developing countries and the grave shortage of psychologists and psychiatrists. He was awarded for his transformative work in advancing mental health care in resource-poor countries.

## Charles F. Reynolds, III, M.D.

Dr. Reynolds and his colleagues have made groundbreaking contributions to the prevention and treatment of depression in older adults. He was awarded for his pioneering work in geriatric psychiatry and the prevention and treatment of late-life depression.

## 2015 Beatrix (Betty) A. Hamburg, M.D. and David A. Hamburg, M.D.

Dr. Betty Hamburg and Dr. David Hamburg blended their scientific knowledge, their understanding of human behavior, and their profound compassion into a unique vision—imagining and catalyzing a better future for people of all ages and backgrounds, most often those who are undergoing severe stress and who suffer from mental disorders. Betty and David Hamburg were awarded for over six decades of pioneering work in mental health.

## 2014 Herbert Pardes, M.D.

Dr. Pardes, a noted psychiatrist, and outspoken advocate for the mentally ill, was the first recipient of the Humanitarian Prize, which bears his name and honors individuals who have made significant contributions to the field of mental health through education, prevention, treatment, research, health policy, administration, clinical care, mentoring and advocacy. Dr. Pardes is a champion of empathic, humanistic and patient-centered health care, who believes in the power of technology and innovation to dramatically improve 21st-century medicine.

# PREVIOUS PARDES HUMANITARIAN PRIZE IN MENTAL HEALTH HONORARY WINNERS

## 2023 Henry Jarecki, M.D.,

Henry Jarecki, M.D., has had a profound humanitarian impact on the world through his unique and lasting contribution to preserving academic and scientific freedom, including his role as the founding Chairman of the Scholar Rescue Fund of the Institute of International Education.

## 2022 Clubhouse International

For more than 25 years Clubhouse International has pioneered the recovery concept for people living with mental illness, putting into practice their active participation in their own recovery process, a model that has been endorsed by governments, civil society, and professionals globally.

### Sean Mayberry

StrongMinds, founded and led by Sean Mayberry, provide depression treatment to women in Africa, most with no access to effective treatment. Since its founding, StrongMinds has treated depression in 150,000 women and adolescents in Uganda and Zambia. On average, over 80% are depression-free following therapy.

## 2021 John M. Davis, M.D.

Dr. John Davis is a tireless advocate and humanitarian in the mental health field, including his support for programming and services that provide better treatment for people with mental illness internationally. A mental health lobbyist, a defender of forensic psychiatry, and a devoted champion of young scientific investigators, he is the author of the first science-based textbook on psychopharmacology as a guide for psychiatrists seeking to use medications more effectively.

### Michael R. Phillips, M.D.

Dr. Michael Phillips has dedicated his professional and personal life to serving as a mental health advocate in China. Having lived most of his career there, Dr. Phillips has not only brought mental health issues in China to the attention of the world, he has provided leadership on culturally sensitive interventions to address the problems he uncovers.

### Norman Sartorius, M.D., Ph.D., FRCPsych

Dr. Norman Sartorius has helped to shape the field of mental health and psychiatry over the past 50 years through his humanitarian efforts, research, and work to advance the understanding of mental health. He has provided hope and healing worldwide for people who are living with mental illness, particularly those who live in low-income countries. Dr. Sartorius served as the first director of the World Health Organization's Department of Mental Health.

## 2020 E. Fuller Torrey, M.D.

Dr. E. Fuller Torrey has made extraordinary contributions to people with mental illness, both in his research, which has had a profound impact on advancing the understanding of mental illness, and also by his advocacy for the rights of people with mental illness. In the 1970s Dr. Torrey introduced what was then a radically new and revolutionary approach, an infective/inflammatory etiology and pathophysiology of mental illness.

## 2019 Cynthia Germanotta & Born This Way Foundation

Cynthia Germanotta and Born This Way Foundation are an extraordinary force for supporting and empowering young people by putting their needs, ideas and voices first. To help solve the issues facing today's youth, Cynthia Germanotta and Born This Way Foundation work to encourage and build communities that understand and prioritize mental and emotional wellness. They inspire us to look toward a future that supports the wellness of young people with an approach that is fiercely kind, compassionate, accepting, and inclusive.

## 2018 Suzanne and Bob Wright

Suzanne and Bob Wright have been world leaders in autism advocacy. Their brave and tenacious leadership has created a rallying cry for concrete and larger-scale research, care, education, treatment and national and global awareness. Thanks to the extraordinary vision of Bob and Suzanne Wright, scientists have been able to develop a better understanding of the structures of autism, which are leading to helpful interventions. There are evolving trends in research that point to the interconnectivity between autism and other medical conditions.

## 2017 Constance E. Lieber

Constance E. Lieber transformed her family's experience with mental illness into a lifetime of extraordinary advocacy and support for psychiatric research of schizophrenia, depression, and other mental illnesses. She was unwavering in her dedication to alleviating the suffering caused by mental illness and banishing the stigma that for too long has been associated with psychiatric disorders.

## 2016 Senator Edward M. Kennedy

He was honored, posthumously, for his powerful and unwavering commitment to advocating on behalf of people with mental illness. The award was accepted by his son Patrick J. Kennedy, Former Congressman (D-RI).

## 2015 Rosalynn Carter

Former First Lady, Rosalynn Carter was honored for her tireless work in mental health advocacy.