



# Paradigms for Therapeutic Discovery

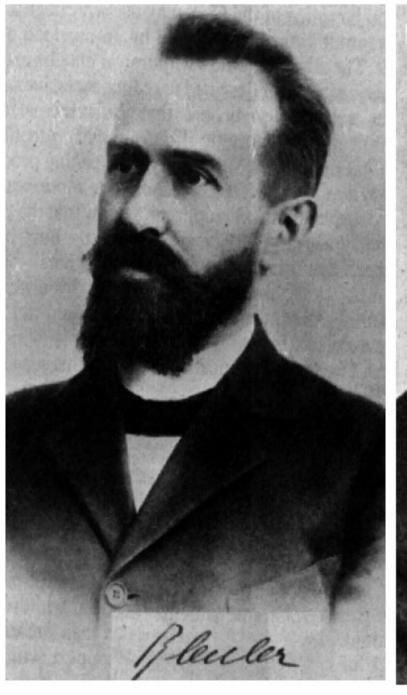
William T. Carpenter, M.D.
Professor of Psychiatry and Pharmacology
University of Maryland School of Medicine
Department of Psychiatry
Maryland Psychiatric Research Center

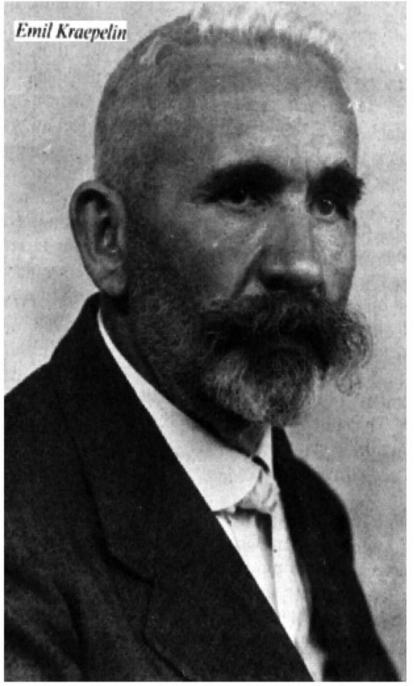
## STATEMENT OF INTEREST Past 12 Months

- Speakers Bureau: none
- Stock: none
- Scientific Advisor: Genentech/Roche
- Patent: (no personal funds)
- European Regional Patent Number 1487998 (June 6, 2007) "Methods for Diagnosing and Treating Schizophrenia

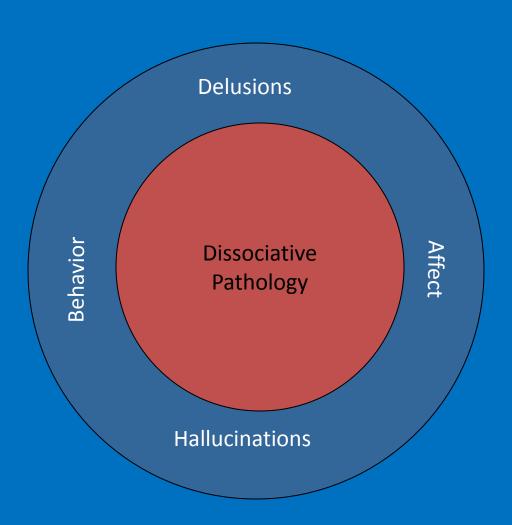
### Paradigms for Therapeutic Discovery

- 1. Sz as disease
- 2. Sz as syndrome comprising disease entities
- 3. Sz as domains of psychopathology
- 4. Sz as impaired role and social function
- 5. Sz endophenotypes
- 6. Sz behavioral/neural circuit impairment
- 7. Sz development for primary prevention
- 8. Sz development for secondary prevention





### Schizophrenia





### Nuclear Schizophrenia Schneider

### First Rank Symptoms

Audible thoughts
Somatic passivity
Thought insertion
Thought withdrawal
Thought broadcast
Made feelings

Made impulses
Made volition
Voices arguing
Voices commenting
Delusional percepts

### Drugs for Schizophrenia

- 1. All approved drugs are antipsychotic
- 2. All share dopamine blocking mechanism of action
- 3. All, except clozapine, are similar in efficacy
- 4. None have efficacy for negative symptoms or cognition
- 5. The drugs vary in adverse effects
- 6. 60 years with little advance in drug treatments
- 7. Discovery becoming based on new paradigms

### Paradigm Shift

SZ as Syndrome Comprising Diseases

Disease #1

Disease #2

Disease #3







### **Deficit Pathology**

### Interrelated negative symptoms

- 1. Blunted affect
- 2. Diminished emotional range
- 3. Poverty of speech
- 4. Diminished interests
- 5. Diminished sense of purpose
- 6. Diminished social drive

### Paradigm Shift

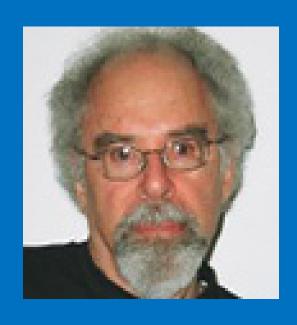
SZ as a Nosologic Class

Domain #1

Domain #2

Domain #3

# WHO International Pilot Study of Schizophrenia





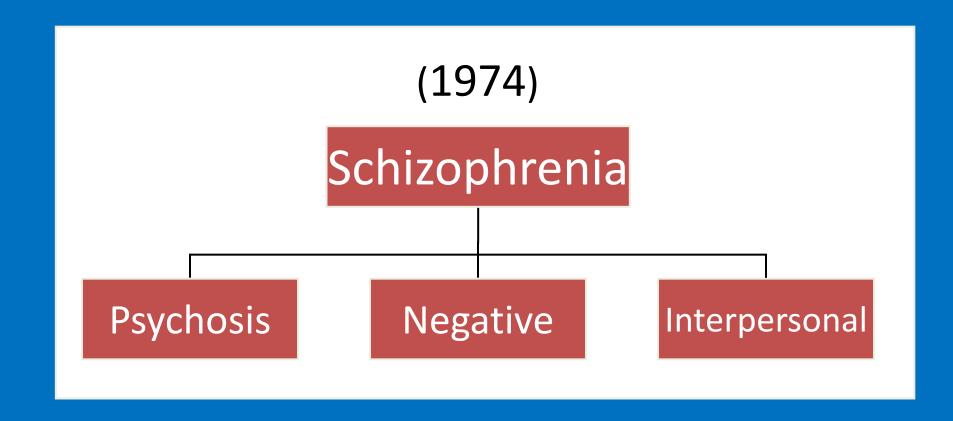


### Domains of Pathology: Strauss, Carpenter and Bartko

- ---Disorders of content of thought and perception
- ---Disorders of affect
- ---Disorders of personal relationships
- ---Disorder of form of speech and thought
- ---Disordered motor behaviors
- ---Lack of insight

Schizophrenia Bulletin, 1974

### Psychopathological Domains



### Psychopathological Domains (1980)

Schizophrenia

Reality distortion Disorganization

Negative

Andreasen NC and Olsen S. Negative v positive schizophrenia. Definition and validation. Arch Gen Psychiatry. 39(7):789-794, 1982.



# Psychopathological Dimensions: What and How Many? Peralta and Cuesta

Schizophrenia Research, 2001



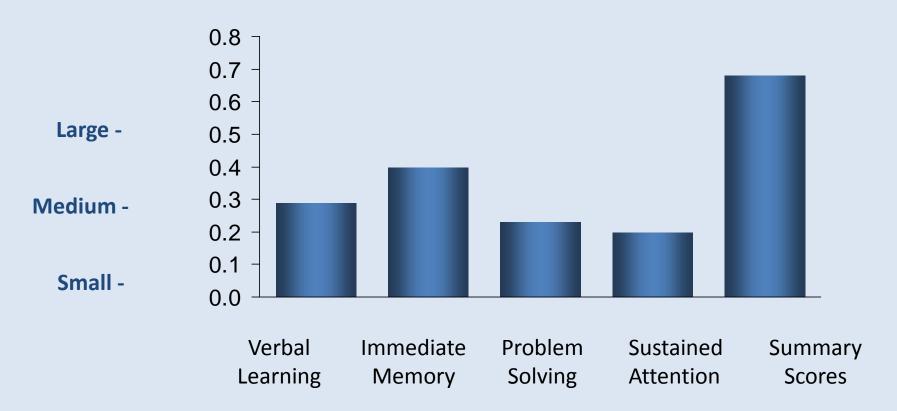
### **Eight Major Dimensions**

- 1. Psychosis
- 2. Disorganization
- 3. Negative
- 4. Mania

- 5. Depression
- 6. Excitement
- 7. Catatonia
- 8. Lack of insight



### Cognition and Functional Outcome in Schizophrenia: Strengths of Relationships<sup>a</sup>

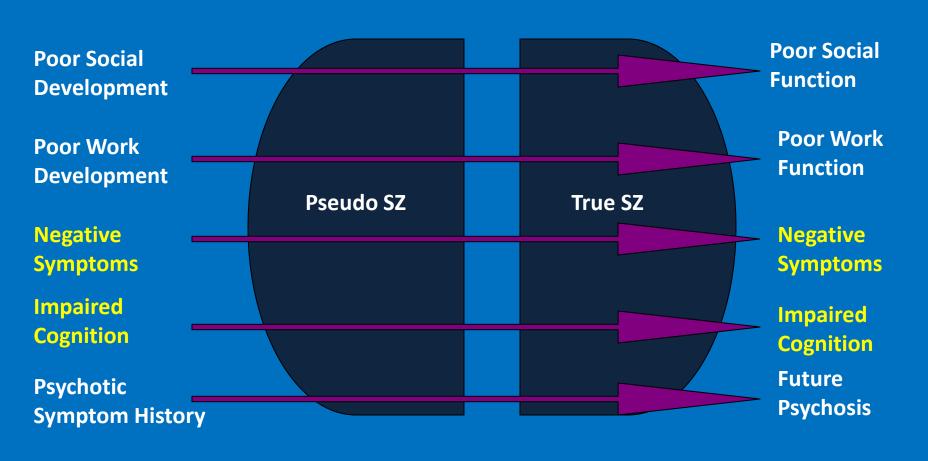


<sup>a</sup>Effect size based on Cohen's r. Green MF et al. *Schizophr Bull.* 2000;26(1):119-136.

### Paradigm Shift

Psychosis Dx	Delusions			
	Hallucinations			
	Disorganized Thought			
	Psychomotor			
	Negative symptoms			
	Depression			
Cognitive Pathology	Mania			

# Nuclear Schizophrenia Onset and Course



**Proof of Concept Multiple** Clinical Dx of drug study encompasses phenotypes Schizophrenia **Drug A** Disinhibition **Molecular Target 1 Drug B Molecular Target 2 Drug C** P50 Molecular Target 3 Molecular Target 4 **Gene/Phene SPEM Project** Retinoid PIK4CA G72 DRD3 COMT Neuroregulin dysbindin GABA Ab Hot spots based **Brain Tissue** ?? on linkage studies

### Background

 Five RDoC domains have been proposed that are thought to cut across current DSM diagnostic categories:

#### **RDoC Dimensions**

**Negative Valence** 

**Positive Valence** 

**Cognitive Systems** 

**Systems for Social Processes** 

**Arousal/Regulatory Systems** 





### RDoC: Candidate Domains/Constructs and Units of Analysis (v. 2.1)

v. 3.1, 6/30/2011		DRAFT R	ESEARCH	DOMAIN (	CRITERIA	MATRIX		
			UNITS OF	ANALYSIS				
DOMAINS/CONSTRUCTS	Genes	Molecules	Cells	Circuits	Physiology	Behavior	Self-Reports	Paradigms
Negative Valence Systems								
Acute threat ("fear")								
Potential threat ("anxiety")								
Sustained threat								
Loss								
Frustrative nonreward								
Positive Valence Systems								
Approach motivation								
Initial responsiveness to reward								
Sustained responsiveness to reward								
Reward learning								
Habit								
Cognitive Systems								
Attention								
Perception								
Working memory								
Declarative memory								
Language behavior								
Cognitive (effortful) control								
Systems for Social Processes								
Imitation, theory of mind								
Social dominance								
Facial expression identification								
Attachment/separation fear								
Self-representation areas								
Arousal/Regulatory Systems								
Arousal & regulation (multiple)								
Resting state activity								

Two criteria for a Construct: Empirical support for (1) a functional dimension of behavior and (2) an implementing brain circuit).

### Mapping RDoC to DSM-V

**How to map DSM-V onto RDoC?** 

**DSM-V Dimensions** 

**Hallucinations** 

**Delusions** 

**Disorganized Speech** 

**Abnormal Psychomotor Behavior** 

**Negative Symptoms** 

(diminished emotional expressivity;

avolition)

**Cognitive Impairment** 

**Depression** 

Mania

**RDoC Dimensions** 

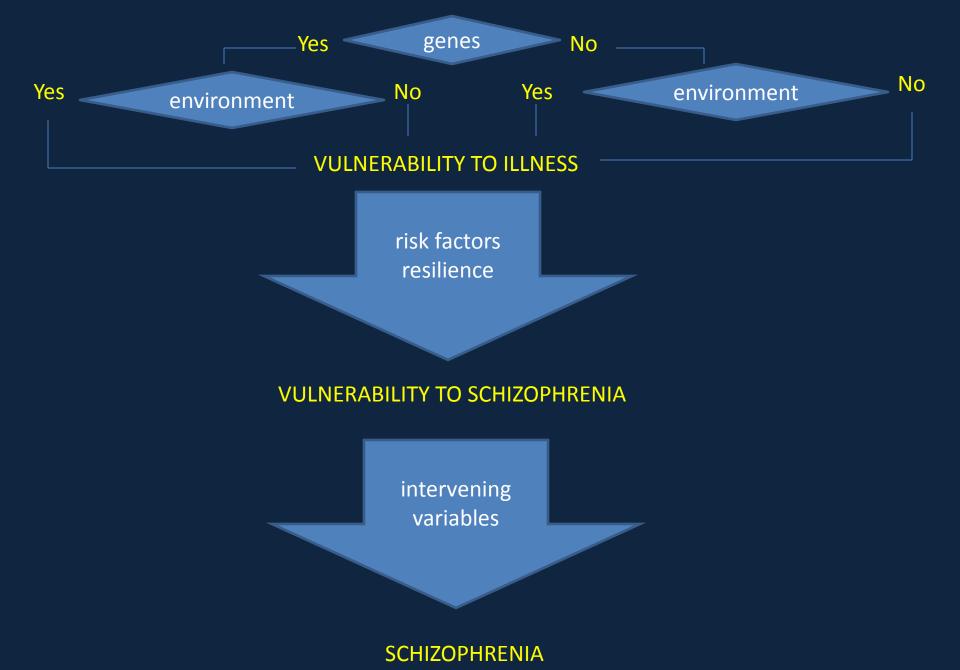
**Negative Valence** 

**Positive Valence** 

**Cognitive Systems** 

**Systems for Social Processes** 

**Arousal/Regulatory Systems** 





### **Primary Prevention**

Ross RG, Hunter SK, McCarthy L, Beuler J, Hutchison AK, Wagner BD, Leonard S, Stevens KE, Freedman R. Perinatal choline effects on neonatal pathophysiology related to later schizophrenia risk. Am J Psychiatry, 170(3):290-8, 2013.

#### **CONCLUSIONS:**

Neonatal developmental delay in inhibition is associated with attentional problems as the child matures. Perinatal choline activates timely development of cerebral inhibition, even in the presence of gene mutations that otherwise delay it.

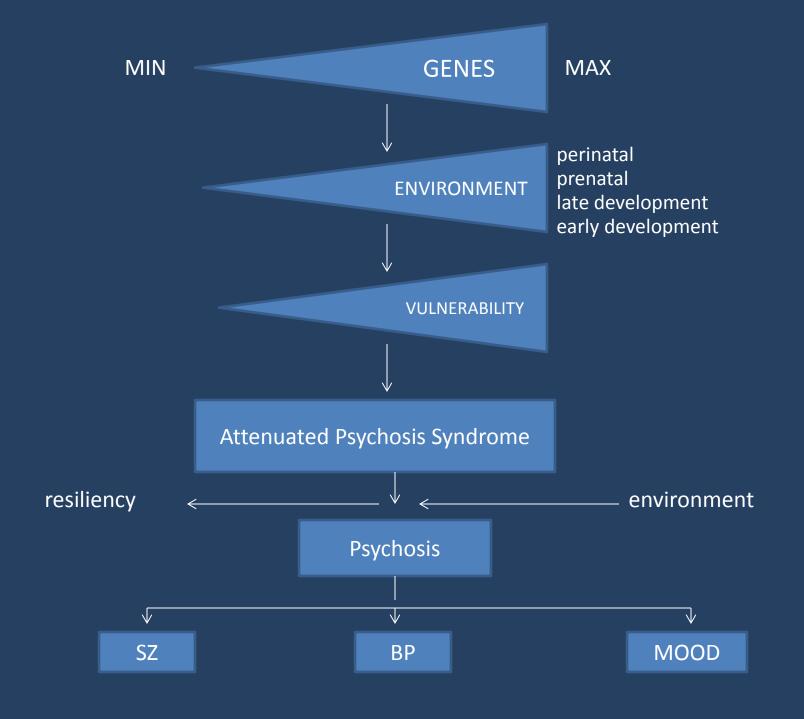
**Comment in**: Rapoport JL. Prevention of schizophrenia: an impossible dream? Am J Psychiatry 170(3):245-7, 2013.

### At Risk Mental State



- Ultra High Risk
- Basic Symptom
- Attenuated Psychosis Syndrome
- Schizophrenia prodrome
- BLIPS-Brief limited intermittent psychosis
- UHR-Ultrahigh risk
- CRH-Clinical high risk
- APS-Attenuated psychosis syndrome







# Criteria for the Attenuated Psychotic Symptom Syndrome

- A. At least one of the following symptoms are present in attenuated form, with relatively intact reality testing, and are of sufficient severity or frequency to warrant clinical attention:
  - 1. Delusions
  - 2. Hallucinations
  - 3. Disorganized speech
- B. Symptom(s) must have been present at least once per week for the past month.
- C. Symptom(s) must have begun or worsened in the past year.

### Criteria for the Attenuated Psychotic Symptom Syndrome (continued)

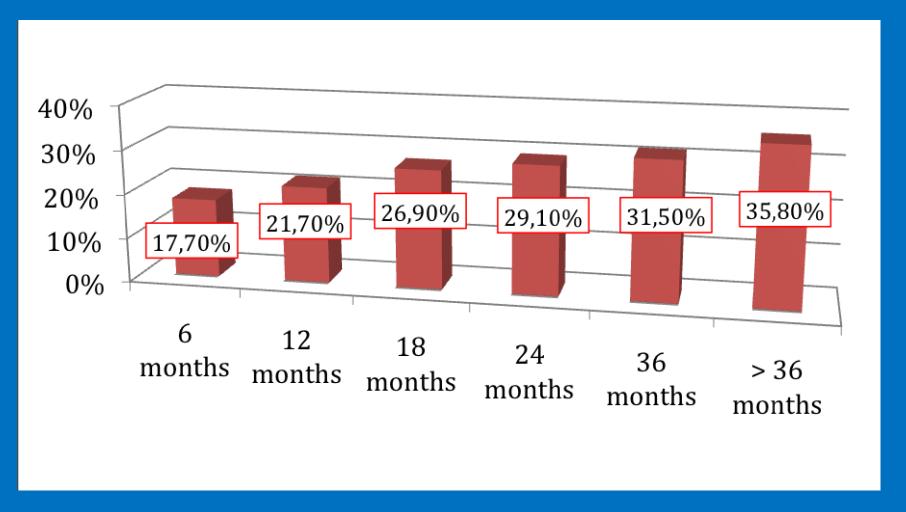
- D. Symptom(s) are sufficiently distressing and disabling to the individual to warrant clinical attention.
- E. Symptom(s) are not better explained by another mental disorder, including a depressive or bipolar disorder with psychotic features, and are not attributable to the physiological effects of a substance or another medical condition.
- F. Criteria for any psychotic disorder have never been met

### APS: a Validated Disorder

- 1. Distress
- 2. Dysfunction
- 3. Gray matter reduction
- 4. White matter reduction
- 5. Cognition impairment
- 6. Negative symptoms
- 7. Transition to psychosis
- 8. Schizophrenia spectrum

#### 30% TRANSITION RISK AT 2 YRs

Meta-analysis of transition outcomes in 2500 HR subjects



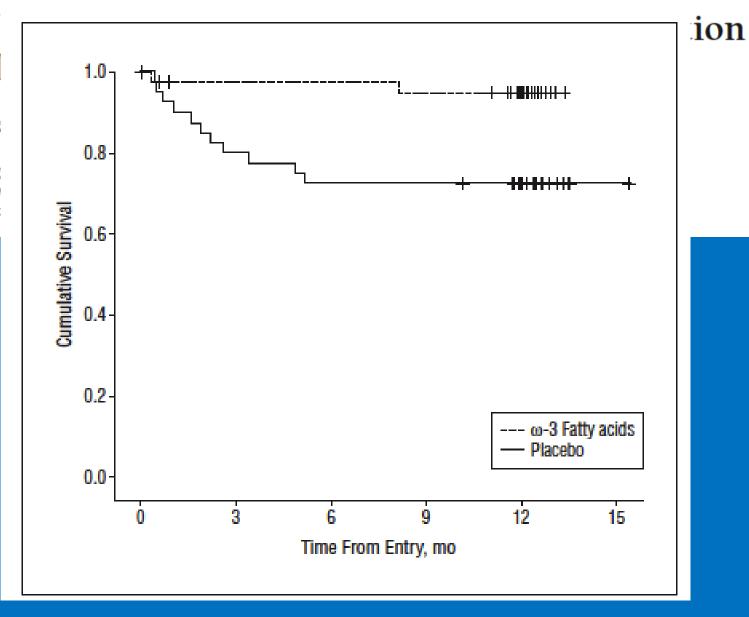
### RCT: Stafford et al, BMJ; Jan. 2013

- 1246 participants
- Approximate one year transition: 7% versus 20%
- 11 trials
- All control groups received treatment

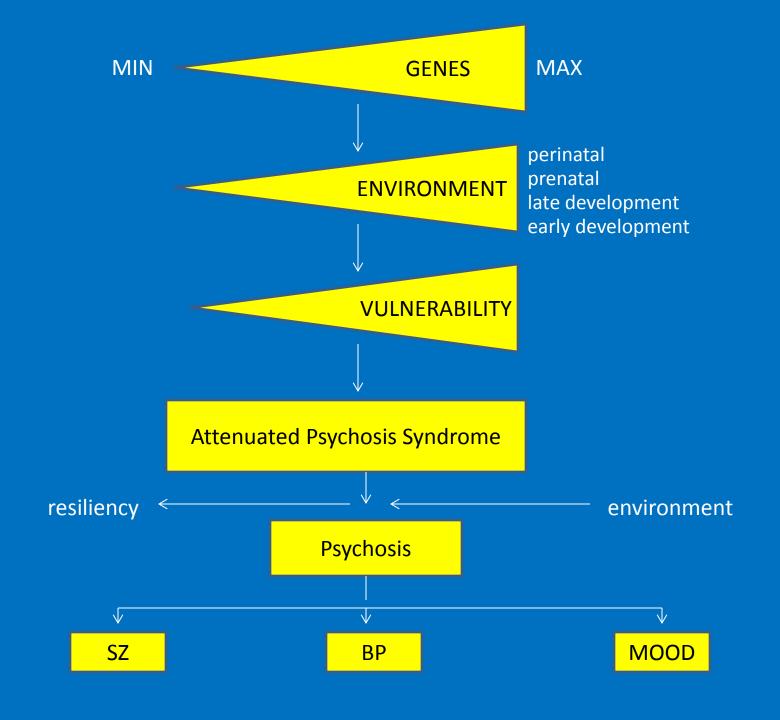
### Long-Cof Psyc

#### A Randomi:

G. Paul Amming Claudia M. Klier Patrick D. McGo



Amminger et al Arch Gen Psych 2010



### **SUMMARY**

- Primary Prevention of vulnerability
- Treat disorder at vulnerability stage
- Secondary Prevention of psychosis
- Tertiary Prevention of functional decline
- Reduce period of untreated psychopathology
- Novel therapeutic discovery with paradigms that address heterogeneity of clinical syndromes and across Dx pathologies